



JASON MORRIS
JUDO
CENTER

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KIDS UNDER13: TUESDAY & THURSDAY 5-6pm
ALL: SATURDAY 11am-1pm
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JMJC Win 36 Medals at Morris Cup



Burnt Hills, NY - The Glenville based Jason Morris Judo Center (JMJC) won 36 total medals including 12 Gold at 14th annual Morris Cup Judo Championships to win the overall team title for the 7th consecutive time and 8th overall. The medal count of 36 beats the JMJC previous best which was achieved last year of 32. This was the second year for the event to be held over two days with the elite going on Sunday, October 11 and the juniors competing on Monday the 12th. The JMJC has also won titles in 2002, 2007, 2009, 2010, 2011, 2012, 2013 & 2014. The Morris Cup is an "E" level event for USA Judo as athletes can earn valuable points on the USA Judo rankings. Burnt Hills High Junior, **Quentin Cook** (17) led the way for the JMJC winning 2 golds in 5 division breaking teammate, **Eric Skylar's** record of 26 total matches finishing with 29. Cook earned the "Dave Grimes" award which is given to an athlete who displays good sportsmanship and has potential in the sport of judo. **Chris Alaynick** (19) also turned in a quality performance taking a silver in the men's 81kg division.



- JMJC's Chad Dukes (blue) has one of the biggest throws of the event

This served as a great warm up for Alaynick and Cook for the Jr. Worlds in 2 weeks being

held in Abu Dhabi. There was a new award established at this year's Morris Cup,

the "Jimmy Takemori Award" for Leadership and commitment to the sport of judo. Takemori is the father of JMJC's Teri Takemori and a Judo Legend. A surprise to the festivities was an appearance and presentation from US Judo Association president, Marc Cohen to the Morris family. They have established a "Bernie Morris Award" after Jason's father to be given out at the USJA Nationals every year along with a scholarship to the Morris Cup among other prizes.

The Morris Cup, which was founded by 4x Olympian & 2008 Olympic Coach, Jason Morris and named after his father (Bernie) is hosted by Glenville's own Jason Morris Judo Center and is held at the Burnt Hills High School in Burnt Hills, NY. There were over 500 total competitors from 15 states, CA, CT, GA, IL, IN, MA, MD, NH, NJ, NY, PA, RI, VA, VT, WI along with Nova Scotia, Ontario, Prince Edward Island, Quebec, Georgia & Trinidad & Tobago.

SAVE THE DATE: Morris Cup XV Judo Championships - October 8-9, 2016

Full results will be posted on www.realjudo.net

Special Awards:

Jimmy Takemori Award (Leadership & Commitment)

Gary Berliner (USA)

Nicolas Gill Award (Most Outstanding Sr. Male)

Giorgi Natatralashvili (GWS)

Irwin Cohen Award (Most Outstanding Sr. Female)

Yumi Amal Bellali (Shidokan)

Jason Morris Award (Most Outstanding Jr. Male)

Noah Brown (Cranford)

Teri Takemori Award (Most Outstanding Jr. Female)

Maria Besson (Albatros)

Dave Grimes Award (Potential & Sportsmanship)

Quentin Cook (JMJC)

Rene Capo Trophy (Most Inspirational)

Martina Zamponi (Italy)



Jimmy Takemori Awards Table

**The following are the results for the Morris Cup 2015 Judo Championship
at Burnt Hills Ballston Lake High School, Burnt Hills, NY**

Junior Category Divisions:

DIVISION: Girls 7-8 yrs. 27 kg.

1. Brianna Tabicas (Mayo Quanchi)
2. Tatianna Irizarry (New London)
3. Abby Hegg (Sport Judo)

DIVISION: Girls 7-8 yrs. +32 kg.

1. Nicole Ratskovich (Challenge)
2. Rachel Yankilevich (Staten)

DIVISION: Girls 9-10 yrs. 27 kg.

1. Celine Bouyssou (Mayo Quanchi)
2. Ela Rose Way (Mayo Quanchi)
3. Hannah Stoitchkov (JMJC)

DIVISION: Girls 9-10 yrs. 32 kg.

1. Ela Rose Way (Mayo Quanchi)
2. Alissa Caltigirone (Mayo Quanchi)

DIVISION: Girls 9-10 yrs. 37 kg.

1. Anastasiya Semyrozum (Judo Ippon)
2. Esther Ribeiro (War Memorial Judo)
3. Naomi Mezheritsky (Challenge)

DIVISION: Girls 9-10 yrs. 42 kg.

1. Sophie Rench (Moreau)
2. Esther Ribeiro (War Memorial Judo)
3. Anastasia Semyrozum (Judo Ippon)

DIVISION: Girls 11-12 yrs. 42 kg.

1. Skylar Hattendorf (Mayo Quanchi)
2. Anna Zhitareva (JCCC Kai)

DIVISION: Girls 11-12 yrs. 47 kg.

1. McKenzie Samuels (Jamie Towers Judo Club)
2. Skylar Hattendorf (Mayo Quanchi)
3. Lia Lamphear (War Memorial Judo)

DIVISION: Girls 11-12 yrs. +52 kg.

1. Asia Douglas (JCCC Kai)
2. Stefania Oudovikine (Taifu)

DIVISION: Girls 13-14 yrs. 42 kg.

1. Alexa Silao (JMJC)
2. Virginia Zamponi (USA Stars East)



3. Skylar Hattendorf (Mayo Quanchi)

DIVISION: Girls 13-14 yrs. 47 kg.

1. Alexa Silao (JMJC)
2. Virginia Zamponi (USA Stars East)
3. Alexa Michaelson (JMJC)

DIVISION: Girls 13-14 yrs. 52 kg.

1. Alexa Michaelson (JMJC)

DIVISION: Girls 13-14 yrs. 58 kg.

1. Deisha Fry (Mayo Quanchi)
2. Rachael Krapman (Upper Canada)
3. Nouran Abdelrehim (JCCC Kai)

DIVISION: Girls 13-14 yrs. +65 kg.

1. Ariane Levesque (Boucherville)
2. Asia Douglas (JCCC Kai)
3. Stefania Oudovikine (Taifu)

DIVISION: Girls 15-17 yrs. 48 kg.

1. Skyler Cummings (Mayo Quanchi)
2. Meriem Bentoura (Shidokan)

DIVISION: Girls 15-17 yrs. 52 kg.

1. Martina Zamponi (USA Stars East)
2. Skylar Cummings (Mayo Quanchi)
3. Meriem Bentoura (Shidokan)

DIVISION: Girls 15-17 yrs. 57 kg.

1. Samantha Paduani (Tech Judo)
2. Molly Sauter (Bushidokai)

DIVISION: Girls 15-17 yrs. 63 kg.

1. Ciara Vasquez (Tech Judo)
2. Willesa Rivera (Mayo Quanchi)
3. Katrina Blaus (Pedros)

DIVISION: Girls 15-17 yrs. 70 kg.

1. Jelena Veskov (Judo Sport)
2. Ariane Levesque (Boucherville)

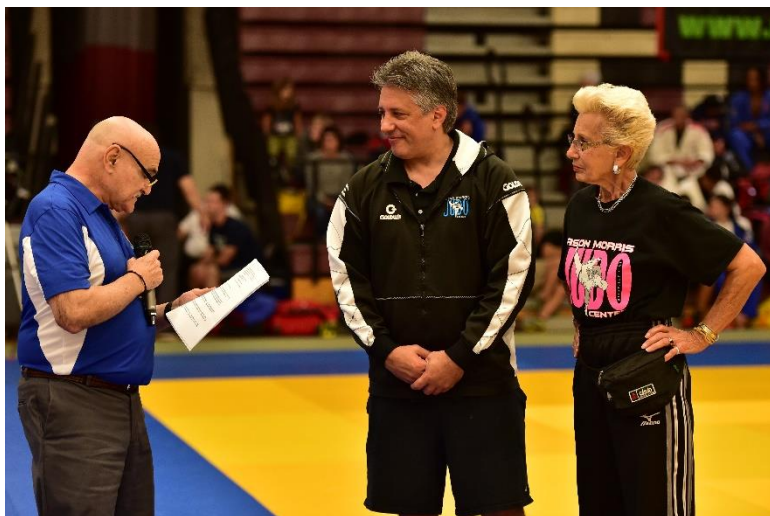
DIVISION: Girls 15-17 yrs. +70 kg.

1. Lea Katarina Gobec (Sport Judo)
2. Laurence Bilodeau (Jikan)

DIVISION: Girls 18-20 yrs. 48 kg.

1. Carolina Rincon (Kawasaki Rendokan)

DIVISION: Girls 18-20 yrs. 52 kg.



USJA President, Marc Cohen, Jason & Chris Morris

Jonah Burt (blue)



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1. Yumi Amal Bellali (Shidokan)
2. Martina Zamponi (USA Stars East)

DIVISION: Girls 18-20 yrs. 57 kg.

1. Yumi Amal Bellali (Shidokan)
2. Martina Zamponi (USA Stars East)
3. Janika Michel (Sept-Iles)

DIVISION: Girls 18-20 yrs. 63 kg.

1. Wilessa Rivera (Mayo Quanchi)
2. Marion Duquette-Plante (St Jean Sur Richelieu)

DIVISION: Girls 18-20 yrs. 70 kg.

1. Audrey Poirier (St-Hyacinthe)
2. Kira Fusch (Kawasaki Rendokan)

DIVISION: Boy/Girl 5-6 yrs. light

1. Bradley Munoz (Victory Martial Arts)
2. Roman Semyrozum (Judo Ippon)
3. **Randi Morris (JMJC)**

DIVISION: Boy/Girl 5-6 yrs. medium

1. Noah Brown (Cranford)
2. Leo Hanada (College Park)
3. David Udebashvili (Taifu)

DIVISION: Boy/Girl 5-6 yrs. heavy

1. Adam Mikhoylovsky (Taifu)
2. Noah Brown (Cranford)
3. Juliet Rench (Moreau)

DIVISION: Boy/Girl 5-6 yrs. plus

1. Ruben Melkonian (Taifu)
2. Noah Brown (Cranford)
3. Max Kofman (Challenge)

DIVISION: Boys 7-8 yrs. 23 kg.

1. Daniel Tcherniavski (Taifu)
2. Jayden Sanchez (Kokushikai)
3. **Nicoli Cimmino (JMJC)**

DIVISION: Boys 7-8 yrs. 27 kg.

1. Noah Fathalla (Camal)
2. Nikita Tretiakov (Taifu)
3. **David Dippel (JMJC)**

DIVISION: Boys 7-8 yrs. 32 kg.

1. Daniel Liubimovski (Samir Judo)
2. Artem Neyolov (Taifu)



JMJC's Aidan Cocozzo (blue)



JMJC's Harrison Keena (blue)

3. Kai Hanada (College Park)

DIVISION: Boys 7-8 yrs. 37 kg.

1. David Avshalumov (Judo Sambo Center)
2. Anthony Chicherchia (Browns)

DIVISION: Boys 9-10 yrs. 27 kg.

1. Noah Fathalla (Camal)
2. Viktor Benilov (Judo Ippon)
3. Luka Tsatsalashvili (Taifu)

DIVISION: Boys 9-10 yrs. 32 kg.

1. Mason Scruggs (JMJC)
2. Gabriel Bouyssou (Mayo Quanchi)
3. Artem Neyolov (Taifu)

DIVISION: Boys 9-10 yrs. 37 kg.

1. Lasha Tsatsalashvili (Taifu)
2. Maksim Rudakov (Taifu)
3. Nikita Adamov (Wahadachi)

DIVISION: Boys 9-10 yrs. 42 kg.

1. David Melkonian (Taifu)
2. Rocco Salerno (Cranford)

DIVISION: Boys 9-10 yrs. 47 kg.

1. John Smith (Camal)
2. David Melkonian (Taifu)

DIVISION: Boys 9-10 yrs. +47 kg.

1. Alex Semenenko (Georgian Wrestling School)
2. Dylan Greenstein (Pedros)
3. Aniran Tchitcheshvili (Georgian Wrestling School)

DIVISION: Boys 11-12 yrs. 32 kg.

1. Julian Crisostomo (JMJC)
2. Lenny Sheynfeld (Combat Judo)
3. Gabriel Bouyssou (Mayo Quanchi)

DIVISION: Boys 11-12 yrs. 37 kg.

1. Benjamin Yankilevich (Staten)
2. Sasha Polyakov (Challenge)
3. Lasha Tsatsalashvili (Taifu)



Parker Sullivan (blue) & Nico Cimmino

DIVISION: Boys 11-12 yrs. 42 kg.

1. Jonathan Xinkas (Taifu)
2. **Tony Leggiero (JMJC)**
3. Joe Perna (Pedros)

DIVISION: Boys 11-12 yrs. 47 kg.

1. Nikita Luchkin (Challenge)
2. Michael Arabov (Challenge)
3. John Smith (Camal)

DIVISION: Boys 11-12 yrs. 52 kg.

1. Zakaria Mahmoud (Kaizen Judo Club)
2. Sebastian Banach (Mayo Quanchi)
3. Dylan Greenstein (Pedros)

DIVISION: Boys 11-12 yrs. +58 kg.

1. Alex Semenenko (Georgian Wrestling School)
2. Jose Beriguette (Jamie Towers Judo Club)

DIVISION: Boys 13-14 yrs. 42 kg.

1. Adam Nuara (Shidokan)
2. Joziah Fry (Mayo Quanchi)
3. Daniel McCristall (Upper Canada)

DIVISION: Boys 13-14 yrs. 47 kg.

1. Erik Vandersanden (Upper Canada)
2. Benjamin Burt (Upper Canada)
3. Joseph Hogan (Cohoes judo club)

DIVISION: Boys 13-14 yrs. 52 kg.

1. Dontae De Jesus (Upper Canada)
2. Mason Clarke (Mayo Quanchi)
3. Keagan Young (Ajax Budokan)

DIVISION: Boys 13-14 yrs. 58 kg.

1. Everet Minivich (Mayo Quanchi)
2. **Tyler Michaelson (JMJC)**

DIVISION: Boys 13-14 yrs. 65 kg.

1. Giuseppe Inserra (Judo Sport)
2. **Tyler Michaelson (JMJC)**

DIVISION: Boys 13-14 yrs. +65 kg.

1. Alexandre Arencibia (Shidokan)
2. Amr Abdelrehim (JCCC Kai)
3. **Logan Persaud (JMJC)**

DIVISION: Boys 15-17 yrs. 55 kg.

1. Zacharie Cheng-Boivin (Lycee Claudel)



JMJC's **Tony Leggiero** scores in his way to winning a silver medal

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2. Dontae De Jesus (Upper Canada)
3. Keyano Young (Ajax Budokan)

DIVISION: Boys 15-17 yrs. 60 kg

1. Vincent Miran (Jikan)
2. Julien Frascadore (Beauport)
3. Brandon Redford (Ajax Budokan)

DIVISION: Boys 15-17 yrs. 66 kg.

1. Quentin Cook (JMJC)
2. Cory Giunta (Bushido Kai)
3. Jose Lao Cooper (Liberty Bell)

DIVISION: Boys 15-17 yrs. 73kg.

1. Quentin Cook (JMJC)
2. Adrian Bernal (Tech Judo)
3. Alexandre Arencibia (Shidokan)

DIVISION: Boys 15-17 yrs. 81 kg.

1. Larsen Way (Mayo Quanchi)
2. Mitchell Paltielov (JMJC)

DIVISION: Boys 15-17 yrs. 100 kg

1. Yousef Elakabawy (Camal)

DIVISION: Boys 18-20 yrs. 60kg

1. Julien Frascadore (Beauport)
2. Daniel Kim (Kawasaki Rendokan)
3. Vincent Miran (Jikan)

DIVISION: Boys 18-20 yrs. 66kg

1. Gueorgui Poklitar (Academie Martial Serei)
2. Ari Berliner (Cumming Martial Arts)
3. William Trembley (Shidokan)

DIVISION: Boys 18-20 yrs. 73kg

1. Zaki Mohsin (Judo Sport)
2. Jolan Guertin (Judo valle de richlieu)
3. Guogui Poklitar (Academie Martial Serei)

DIVISION: Boys 18-20 yrs. 81kg

1. Olivier Gobeil-St.Amand (Seikidokan)
2. Olivier Rhien (Shidokan)
3. Danil Neyolov (Taifu)

DIVISION: Boys 18-20 yrs. 90kg

1. Maxim Cote (Sept-Iles)
2. Eric Skylar (JMJC)
3. Chris Alaynick (JMJC)

JMJC's Brad Bolen (blue)



DIVISION: Boys 18-20 yrs. 100kg

1. Maxim Cote (Sept-Iles)
2. Eric Skylar (JMJC)
3. Yousef Elakabawy (Camal)

DIVISION: Boys 18-20 yrs. +100kg

1. Kevin Gauthier (Asbestos/Danville)
2. Eric Skylar (JMJC)

Senior Category Divisions:

DIVISION: Women Novice All

1. Talia Katz (Liberty Bell)
2. Maria Notaro (Murty's Judo Center)

DIVISION: Women 48kg (105.8lbs)

1. Skyler Cummings (Mayo Quanchi)
2. Talia Katz (Liberty Bell)

DIVISION: Women 52kg (114.6lbs.)

1. Yumi Amal Bellali (Shidokan)
2. Martina Zamponi (USA Stars East)
3. Laurence Thiffault (Judokas Jonquiere)

DIVISION: Women 57kg (125.6lbs.)

1. Mackenzie Burt (Upper Canada/Shidokan)
2. Janika Michel (Sept-Iles)
3. Emmanuelle Batisse (Academie Martial Serei)

DIVISION: Women 63kg (138.9lbs.)

1. Paula Sitek (Philadelphia Judo)
2. Willesa Rivera (Mayo Quanchi)
3. Jessica Savage (Toshi-Budokai)

DIVISION: Women 70kg (154.3lbs)

1. Casey Pedro (Pedros)
2. Allayah Copeland (Ajax Budokan)
3. Kira Fusch (Kawasaki Rendokan)

DIVISION: Novice Men 60kg

1. Aidan Cocozzo (JMJC)
2. Jason Menezes (Bushido Kai)

DIVISION: Novice Men 73kg

1. Oliver Fleischmann (Pitt)
2. Mitchell Paltielov (JMJC)

DIVISION: Novice Men 81kg



JMJC's Randi Morris (blue)

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1. Valiantsin Parfionau (Combat Judo)
2. Dan Grocki (US Naval Academy)
3. Alex Koesarie (Pitt)

DIVISION: Novice Men 90kg

1. Steven Liteer (Bushido Kai)
2. **Dan Downs** (Jason Morris Judo Center)

DIVISION: Men 55kg (121.1lbs.)

1. Zacharie Cheng-Boivin (Lycee Claudel)
2. Bryan Munoz (Victory Martial Arts)

DIVISION: Men 60kg (132.2lbs.)

1. Ossama Mahmoud (Kaizen Judo Club)
2. Alexandre DiBartolo (Shidokan)
3. Kohsuke Tashiro (US Naval Academy)

DIVISION: Men 66kg (145.5lbs.)

1. Aaron Kunihiro (NYAC/Pedros)
2. Gueorgui Poklitar (AMS)
3. Joao Vincente (Mayo Quanchi)

DIVISION: Men 73kg (160.9lbs.)

1. Giorgi Natatralashvili (Georgian Wrestling School)
2. Warren Sieb (Watrous Ju-No-Ri)
3. Gabriel Vacc (Olympique)

DIVISION: Men 81kg (178.5lbs.)

1. Beka Vibiliiani (Georgian Wrestling School)
2. **Chris Alaynick** (JMJC)
3. Adam Moyerman (Liberty Bell)

DIVISION: Men 90kg (198.4lbs.)

1. Jonah Burt (Upper Canada/Shidokan)
2. Zachary Burt (Upper Canada/Shidokan)
3. Maxim Cote (Sept-Iles)

DIVISION: MEN 100kg (220.4lbs.)

1. Kensuke Moriyama (Pedros)
2. Andrew Jacobs (Pedros)
3. Michael Shpiegelman (Academie Martial Serei)

DIVISION: Men +100kg (+220.4lbs.)

1. Jean-Francois Ouellet (Sept-Iles)
2. Kevin Gauthier (Asbestos/Danville)
3. **Peter Stanley** (JMJC)

Masters Category Divisions:

DIVISION: Masters 30-49 +94kg



Morris Twins hugging

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1. Christopher George (JMJC)
2. Chad Dukes (JMJC)
3. Peter Stanley (JMJC)

DIVISION: Men Masters 40-+50 70kg

1. Cliff Redford (Ajax Budokan)
2. David Michaelson (JMJC)
3. Mike Brunner (Bushido Kai)

DIVISION: Brown Belt 66kg

1. Paul Martin (JMJC)
2. Victor Truong (US Naval Academy)
3. Ruslan Izerkin (JMJC)

DIVISION: Brown Belt 73kg

1. Jesse Butler (Hyland)
2. Daniel Marjerrison (Hayabusakan)
3. Preston Nguyen (Pitt)

DIVISION: Brown Belt 81kg

1. Christian Terrones (JMJC)
2. Steven Roomberg (Pitt)
3. Thomas Giornelli (US Naval Academy)

DIVISION: Brown Belt 90kg

1. Ajamu Kitwana (Bushido Kai)
2. Steven Liteer (Bushido Kai)
3. Dan Downs (JMJC)

DIVISION: Brown Belt +100kg

1. Chad Dukes (JMJC)
2. Nick Albanese (Pitt)
3. Michael Rivers (JMJC)

Team Results:

5 points for GOLD
3 points for SILVER
2 points for BRONZE

Jr. Team Results:

1. Mayo Quanchi 76
2. JMJC 70
3. Taifu 57



JMJC's Quentin Cook (blue)

Overall Team Results:

1. JMJC	120
2. Mayo Quanchi	86
3. Taifu	57
4. Shidokan	35
5. Upper Canada	34
6. Pedros	27
7. USA Stars	25
8. Camal	24
8. Bushido Kai	24
10. Sept-Iles	22
10. Georgian Wrestling School	22
10. Sport Judo	22
13. Challenge	20
14. JCCC Kai	16
15. Academie Martial Serei	14
15. Ajax Budokan	14
15. Cranford	14



Dan Was Project



L to R: Robin Taylor, Teri Takemori, Jason, Gary Berliner, Miki Takemori & Chrissy Kaichi

JASON ON "UpState Sports Edge"

1992 Olympic Silver Medalist and Jason Morris Judo Center owner, Jason Morris appeared on the "Upstate Sports Edge" show with Kelly O'Donnell, October 1, 2015 at the WRGB/CBS6 TV Station. Morris spoke to O'Donnell about the the 14th annual Morris Cup along with the JMJC program.

Photos: Lou DiGesare/realjudo.net



Jason speaks with Sports Anchor, Doug Sherman



O'Donnell and Morris on the set.





Cook Goes 1-1

Abu Dhabi (Oct 25, 2015)

Burnt Hills Junior, **Quentin Cook** (17) went 1-1 at his first Jr.

World Judo Championships at the IPIC Arena in Abu Dhabi.

Two athletes from the Jason Morris Judo Center got to

showcase their talents on the International Judo Federation's biggest stage for under21

competitors. Burnt Hills grad, **Chris Alaynick** (20), who is

competing in his first Jr. Worlds at 81kg, drew Keven Nicolaos

(Lebanon) lost on a questionable disqualification call (grabbing the leg) after

Chris was winning the match. Cook defeated Wail Ezzine

(Algeria) in his opening bout, catching the Algerian with the

"Mantis" choke. Cook then dropped his second round bout to

Nate Katz (Australia) by the slimmest of margins. Earlier this

year Cook went 1-1 at the Cadet Worlds (under18) in

Sarajevo, Bosnia. "This was a terrific opportunity for the boys"

said JMJC Coach, Jason Morris. Morris won a 78kg bronze

medal in his only Jr. World appearance in Rome in 1986.





Judy & George Claim Gold

Maspeth, NY – Oct. 25- **Zach Judy** and **Chris George** from the Jason Morris Judo Center captured Gold medals at the first Big Apple Judo Classic in New York City over the weekend. Judy won the 60kg title while George claimed the +100kg crown. George

also took a silver in the grand championship losing in the final to Andrew Jacobs just missing out on the \$1000 prize. Burnt Hills High School sophomore, **Mitch Paltiel** picked up two silver medals on the day to close out the JMJC medal count.

Photo: Chris George applying the "Bolen Arrow" choke



Cook & Skylar Medal in Montreal

Montreal, QC (Nov. 1, 2015) - Burnt Hills High School Junior, **Quentin Cook** (17) and Burnt Hills graduate, **Eric Skylar** (19) both from the Jason Morris Judo Center (JMJC) in Glenville, NY, took bronze medals in their respective divisions over the weekend at the Quebec Open in Montreal. This was their first trip to the podium at the strongest event in North America. Cook who just returned from going 1-1 at the Jr. Worlds went 4-1 to capture a bronze in the 66kg under21 division. Cook then went 3-2 the next day to take 5th place in the

men's 66kg category losing only in the bronze medal match in the last 2 seconds of the bout. Skylar was equally impressive posting a 4-1 record on the first day to claim a bronze in the 90kg under21 division. Skylar also took 5th the

following day in the men's 90kg weight class going 3-2. His losses were to Zach and Jonah Burt from Canada who also train often at the JMJC. **Chris George** (31) also performed well for the JMJC as he picked up a bronze in the +100kg division going 4-2. One of the best JMJC performances over the weekend came from rookie **Ruslan "Zurg" Izerkin** (16) who is a Burnt Hills sophomore. Izerkin has only been with the JMJC for 2 months and he went 4-2 in the 66kg under18 category to place 7th in only his second tournament. This first was the JMJC's Morris Cup held at Burnt Hills High School. The JMJC has now won a total of 88 medals at the Quebec Open in its 15 years of existence.

Photos: Robert Strukelj



Quentin Cook (white) throws with uchi-mata



Eric Skylar (blue) attacks

JMJC Athletes Shine

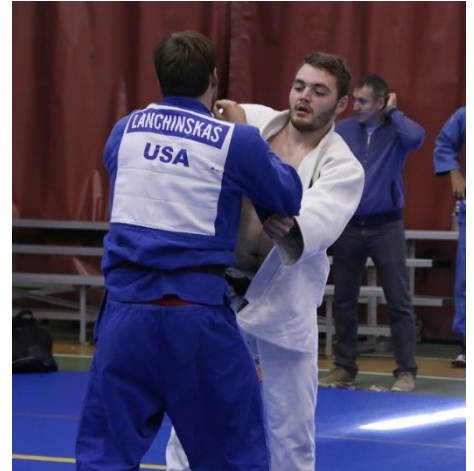


North Bergen, NJ - Athletes from the Glenville based, Jason Morris Judo Center (JMJC) performed well over the weekend at the Tech Judo Invitational claiming 15 medals overall including 9 gold at the HCST

Recreational Center in North Bergen.

Burnt Hills High School junior, **Ruslan "Zurg"**

Izerkin (16) led the way going 6-0 on the day taking home 2 Gold's, one in the 15-16yrs. 66kg weight class and the other in the 66kg Novice Men's division. Burnt Hills Junior, **Mitch Paltiel** (16) also was a double gold medalist capturing the 15-16yrs. 81kg title as well as the 81kg Novices Men's category. Burnt Hills graduate, **Eric Skylar** (19) claimed Gold in the men's 90kg division while **Tyler Michaelson** (13) claimed Gold in the 13-14yrs. Heavyweights. **Alexa Michaelson** (12) picked up a gold in the 11-12yrs. middleweights and **Johnny Rudat** (10) grabbed the gold in the 9-10yrs. Lightweights. **Logan Rudat** (12) was a



double medalist on the day winning a silver in the 11-12yrs. Lightweights then a bronze in the 11-12yr heavyweights. **Parker Sullivan** (7) was also a double medalist winning silver's in the 7-8yrs. lightweight and heavyweights divisions. **Rylee Sullivan** (7) won a silver in the 7-8yrs. lightweights while **Zach Judy** (22) picked up a silver in the 60kg Men's division to close out the JMJC Medal count.



While the JMJC group was competing in New Jersey, **Hannah Martin** (NYAC) and **Quentin Cook** (17) were participating in the African Open in Port Louis, Mauritius. Martin went 2-2 on the day in 63kg to take 5th which is her second 5th place (Portugal) finish on her tour to gain valuable points for the Olympic qualification. Burnt Hills Junior, Cook went 1-1 on the day losing a tight 66kg battle only to Antoine Bouchard (Canada) who is ranked #17 in world. This was Cook's first major senior international event.



Parker, Logan, Johnny and Rylee showing off their medals



Hannah with Emile Sook
from Denmark

Martin On Tour

NYAC/JMJC's **Hannah Martin** (27) spent 6 weeks on the road, traveling to 5 different countries and three different continents. Martin's home base while she was on tour was in Copenhagen, Denmark where she trains at the *Grondal Centret- Bronsjoj Judo Club*. Martin's first competition was at the **European Women's Open in Lisbon, Portugal**. Martin defeated Laura Jauhiainen (Finland) by ippon (full point), then fell to eventual winner Jennifer Wichers (Netherlands), and then defeated home crowd favorite Ana Cachola (Portugal) in a tight over-time battle match, then fell to Junior World Champion from Great Britain, Lucy Renshall. Martin ended up

finishing 5th, and picking up 20 solid points towards the Olympic Qualifications.



Bercy Arnea in Paris, France

The weekend after Portugal, Martin competed in the prestigious **Paris Grand Slam**. One of the biggest tournaments in the world. Martin drew Mia Hermansson (Sweden) first round, and was defeated. Martin remained in Paris to train at the International Training

Camp with all the best girls that are currently in her weight division. Martin then traveled to Abu Dhabi, a few days early to watch her teammates Chris Alaynick and Quentin Cook compete at the Junior World Championships.



Paris Training Camp 2015



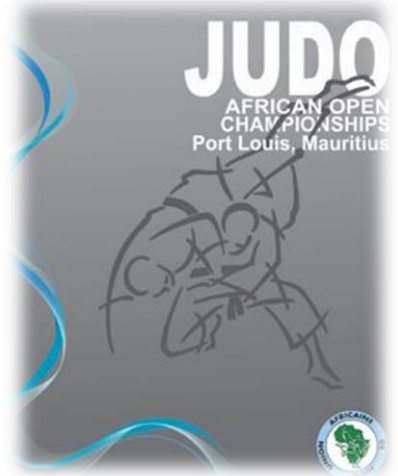
Paris Grand Slam

Photo Credit: Stepane Bonnet



Hannah and Chris hanging out at the Junior World Championships in Abu Dhabi

Martin then competed at the **Abu Dhabi Grand Slam** and drew Mia Hermansson again and lost to her on 2-1 penalties. Martin then traveled to Port Louis, Mauritius with teammate Quentin Cook and competed at the **African Open**, going 2-2 in the 63kg division, taking home 20 points towards the Olympic Qualifications with her 5th place finish.

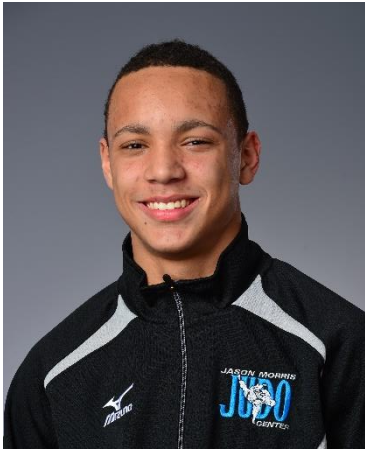


Sheikh Zayed Grand Mosque in Abu Dhabi



Hannah and Emile Sook standing in front of the Grand Mosque in Abu Dhabi

Cook Takes 7th in Australia



Wollongong, Australia - Burnt Hills High School Junior, **Quentin Cook** (17) placed 7th at the Oceania World Cup, Friday, November 13 posting a 2-2 record. Cook, who trains at the Jason Morris Judo Center (JMJC) in Glenville, NY, defeated Joe Mahit (Vanuatu) then Alex Bishop (New Zealand) to make it all the way to the 66kg quarterfinal before losing to #1 seed, Houd Zourdani (Algeria). Cook then lost to eventual bronze medalist Lewis Keeble (Great Britain) in a tight battle in the loser's bracket. This was Cook's second major international world tour event having gone 1-1 last week at the African World Cup in Port Louis, Mauritius. The last two weeks of results have landed Cook on the world rankings for the first time as he is currently #197. Cook has become the youngest athlete ever from the JMJC to be ranked in the world. Cook has racked up some major experience this year along with a ton of frequent flyer miles having also traveled to Abu Dhabi for the Jr. Worlds and Bosnia for the Cadet Worlds as well as Port Louis and Wollongong. "Quentin has had a wonderful year development and results wise and looks to have a bright future" said Cook's coach and 4x Olympian, Jason Morris.



Gold & Double Bronze for Skylar

Irving, TX - Burnt Hills High School Graduate, **Eric Skylar** (19) from the Jason Morris Judo Center in Glenville, NY, continues improving as he won a gold

and two bronze medals over the weekend at the 50th annual Dallas Invitational along with USA Judo's President's Cup both held at the Irving Convention Center, November 21-22, 2016. Skylar first went 3-1 to take a bronze 90kg at the Dallas Invitational then repeated that performance the next day picking up a bronze at the President's Cup. Skylar also won a gold medal in the 90kg under21 category this was a first time Skylar reached the podium at each event. Skylar added these first to his first Quebec Open medal 3 weeks ago in Montreal finishing the season on a strong note.

JUDOCOMP 50th ANNUAL DALLAS INVITATIONAL JUDO TOURNAMENT
 November 21, 2016 Irving Convention Center
 500 W. Las Colinas Blvd. Irving, TX 75039

\$21,000.00 PRIZE FUND FOR OLYMPIC DIVISIONS
\$1,000.00 FIRST PLACE \$300.00 SECOND PLACE \$200.00 THIRD PLACE

Reduced Entry Fees:
 Pre-registration discounts, Family discounts, Multiple division discounts

Online Registration at:
 judocomp.com

Walk-up Registration and Weigh-ins:
 November 20th 4pm - 8pm
 Marriott Dallas Las Colinas, (972) 831-0000
 500 W. Las Colinas 75039

Host Hotel:
 Marriott Dallas Las Colinas, (972) 831-0000
 500 W. Las Colinas 75039
 Book your room by November 3rd to take special
 Judo Rates of \$105
 1-(800) 264-1178

Tournament Contact Information
 Director: Ken Scialo
 214-743-2222
 kscialo@eastsidejudo.com

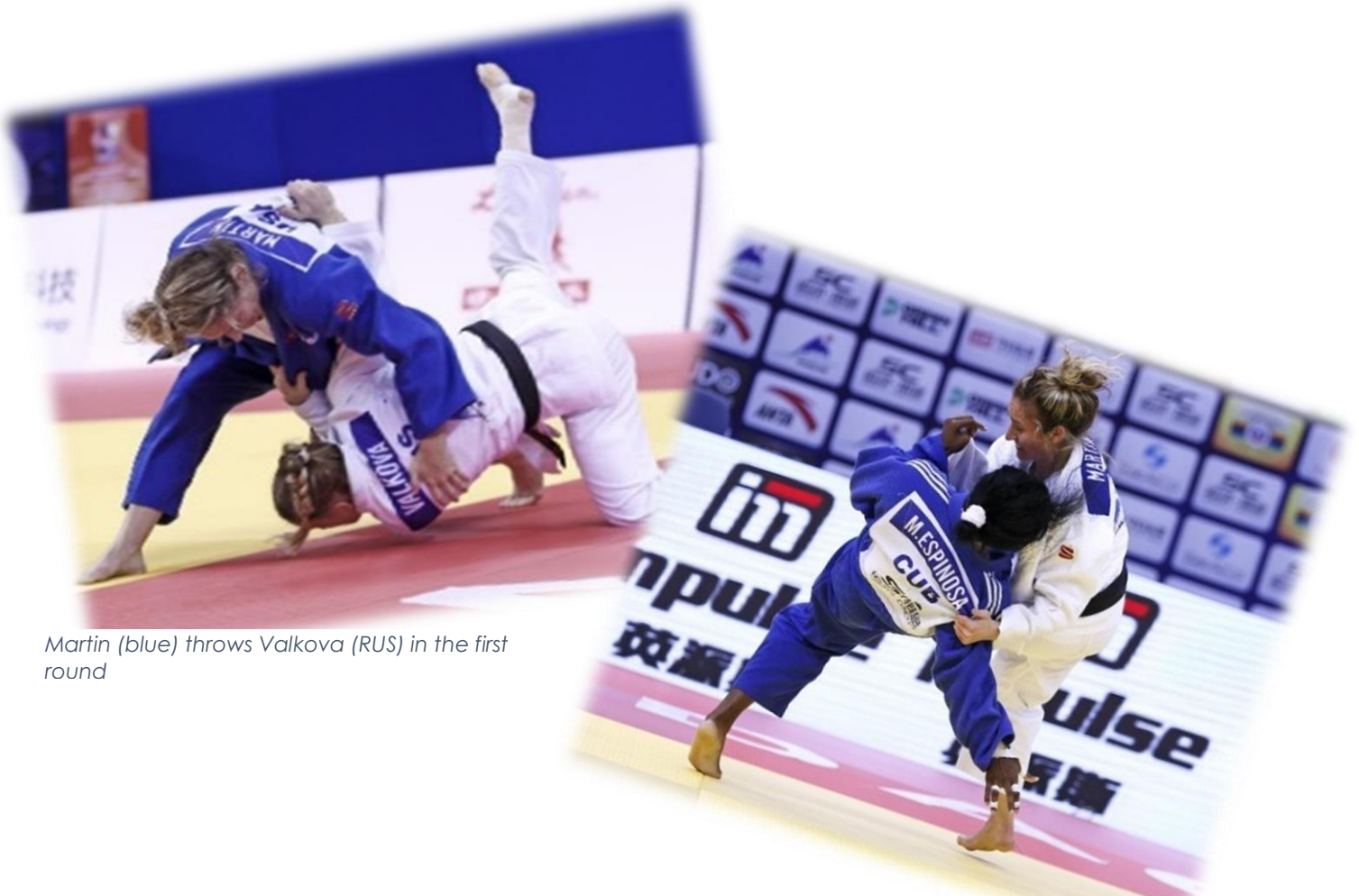
DOLLAMUR **EASTSIDE JUDO** **TORAKI** **USA JUDO**

Martin Takes Fifth



Qingdao, China - Burnt Hills High School Graduate, **Hannah Martin** (27) from the Jason Morris Judo Center/ New York Athletic Club turned in her best performance of the year taking fifth place at the China Grand Prix held in the Qingdao Guoxin stadium, November 21, 2015. Martin barely missed climbing on the 63kg podium losing an overtime thriller to rival and 2x Pan Am Champ, Maricet Espinosa (Cuba) in the bronze medal bout.

Martin forced Golden Score (Overtime) making a furious comeback in the last seconds of the match. The Cuban then recovered after battling for another minute and a half into the extra period and managed the smallest score in the sudden death OT for the win. Martin's will next fly to Jeju, Korea for the Grand Prix there before returning back home. "Hannah has been working so hard to improve and it really paid off today" Her coach, Jason Morris said. "These events are only getting tougher as everyone is trying to qualify for the Olympics so this was a significant performance" 4x Olympian, Morris continued.



Martin (blue) throws Valkova (RUS) in the first round

Martin scores in the bronze medal match

Paltiel Claims Two Silver's

Westchester, NY - Nov. 29, 2015 - Burnt Hills High School Junior, **Mitch Paltiel** (16) was a double medalist picking up two silvers at the Westchester Open. Paltiel, from the Jason Morris Judo Center (JMJC) in Glenville won a silver in the 81kg men's division as well as taking 2nd in the 90kg men's category. JMJC/NYAC+ teammate and Burnt Hills graduate, **Nick Kossor** (29) also made the trip and cruised to the 66kg title going 3-0 on the day.



Mitch Paltiel (left) & Nick Kossor

JMJC OPEN 19

Glenville, NY - Over 50 athletes from all over the Northeast attended the 19th JMJC Open developmental event hosted by the Jason Morris Judo Center December 5, 2015. The event is geared toward developing athletes by getting them more matches in a relaxed fun

environment to feel comfortable competing. The

JMJC open featured some of JMJC's top local athletes including, **Brad Bolen** (NYAC), Burnt Hills High school students, **Quentin Cook** (17), **Ruslan Izerkin** (16), **Mitch Paltiel** (16) & Burnt Hills High School Graduate, Eric Skylar (19). This event is the brainchild of USA Judo legends, Teri

Takemori and 4x

Olympian & NYAC Hall of Famer, Jason Morris.



Tony Leggiero in blue



Quentin Cook (blue)



Mitch Patel (white)



Alexa Michaelson throws with uchi-mata



Eric Skylar (blue) throws with uchi-mata



Dani Morris (white) throws Quentin Cook (blue)

JMJC Outreach

JMJC's **Zach Judy** led the outreach program in October at the Charlton Heights Elementary School. Judy ran the three planned sessions in for the schools "Enrichment Program" it has in the fall and the spring. JMJC's own Randi & Dani Morris who are in kindergarten there assisted Zach.



JMJC in the Media

JMJC/NYAC's **Hannah Martin** (white) featured in USA Judo web news



Randi Morris (blue) was featured as the main photo for the "Coaches Connection Group" Facebook page



JMJC/NYAC's **Nick Kossor** was a trivia question on USA Judo's web news

TRIVIA

GUESS WHO!

Not only is he a Team USA member but also a talented, touring musician...

HINT: His band's name is *The Hard Soul*.

Give us your answer [HERE](#)



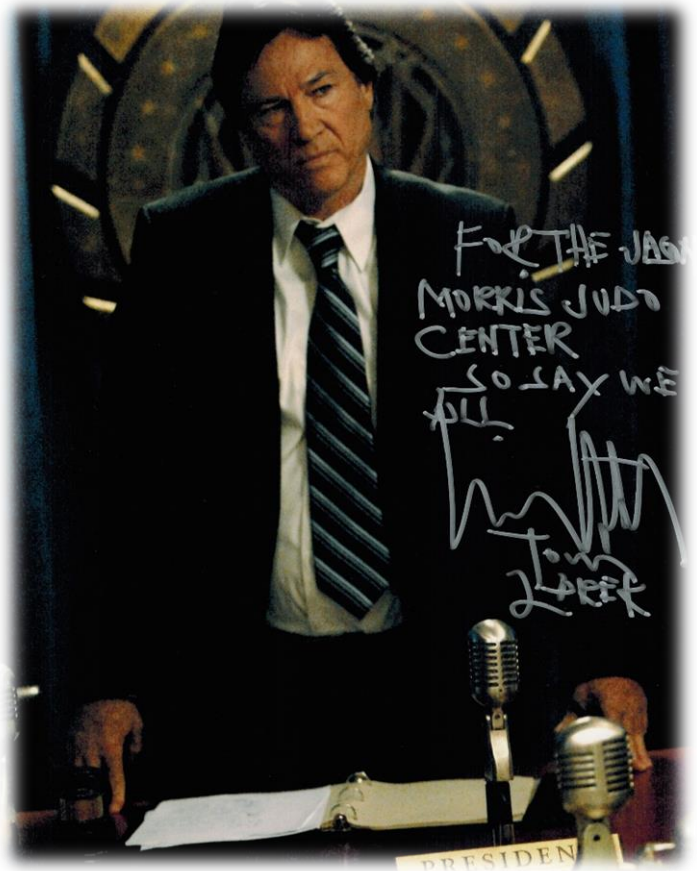
JMJC Celebrity Fan Club



Classic Rock Band,
Frijid Pink is an
American rock band,
formed in Detroit in
1967, best known for
their 1970 rendition of
"House of the Rising
Sun", give the JMJC a
"shout out"



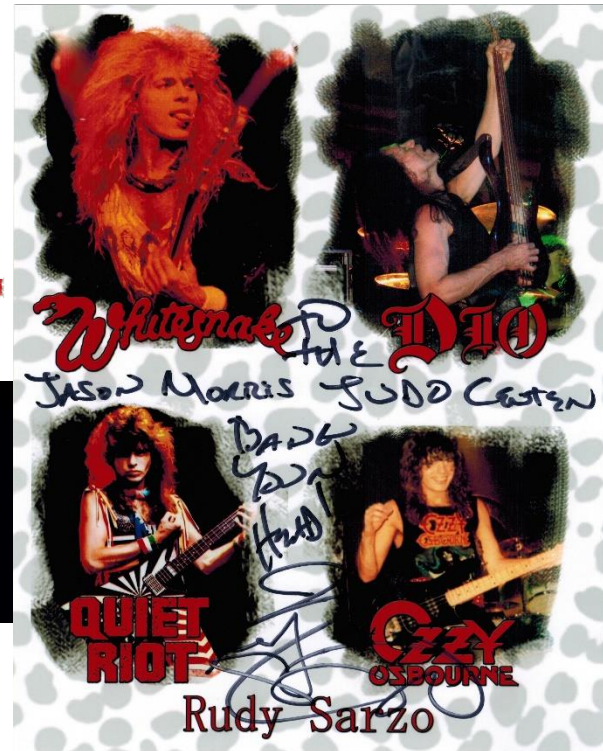
Actor, **Richard Hatch** is an American actor, writer, and producer best known for his role as Captain Apollo in the original *Battlestar Galactica* television series, and also as Tom Zarek in the 2003 remake of *Battlestar Galactica*.



Legendary Bassist, **Rudy Sarzo** gives the JMJC a shout out. Sarzo played in some of the JMJC's all-time favorite Heavy Metal Bands including Dio, Quiet Riot, Ozzy Osbourne & Whitesnake.



QUIET RIOT



Gary Link
www.paradiseartists.com

John Kay
www.steppenwolf.com

Ron Hurst

Danny Johnson

Michael Wilk
www.rainmanrecords.com

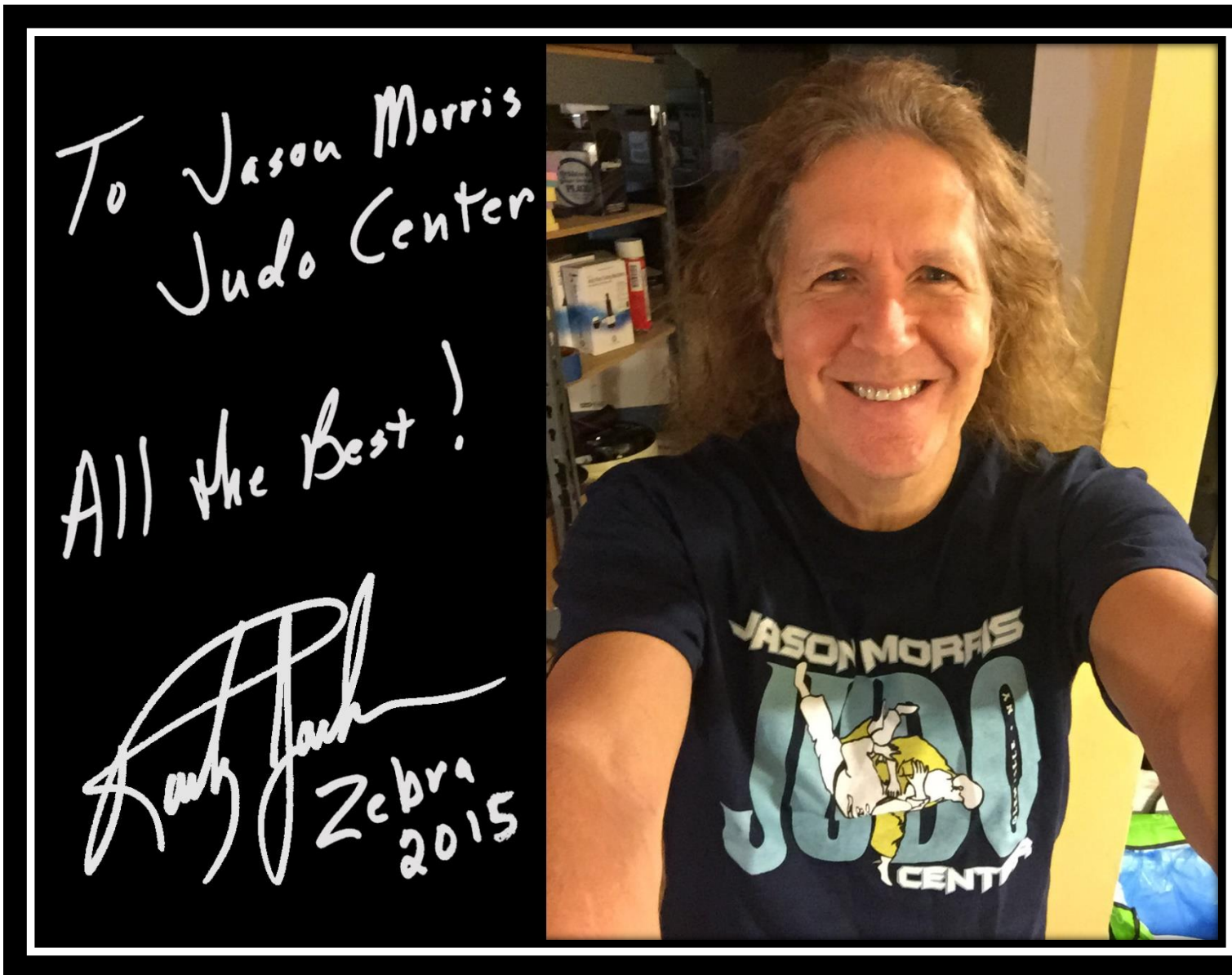


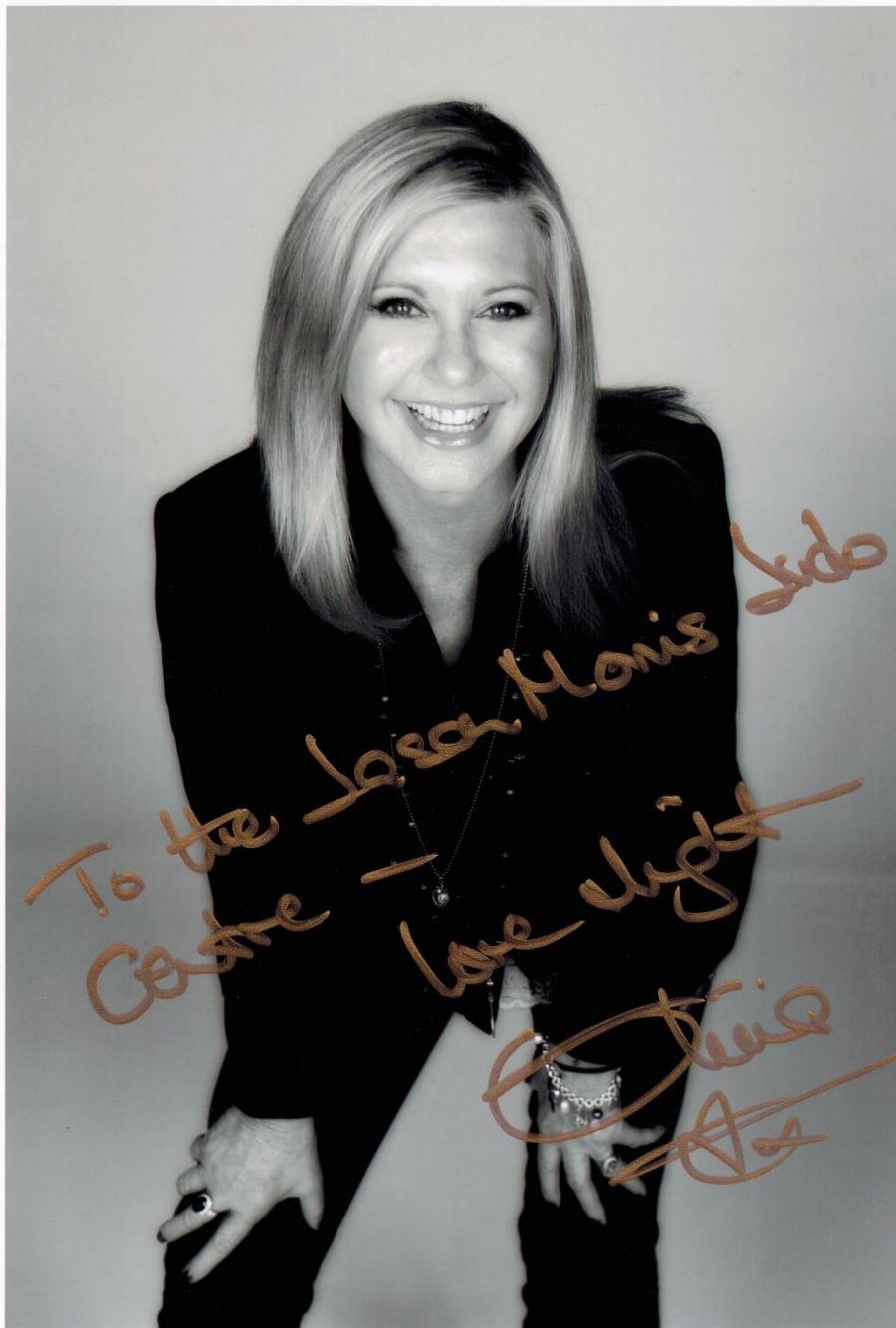
JMJC Fans, Steppenwolf is a Canadian-American rock group that was prominent from 1968 to

1972. The group was formed in late 1967 in Toronto by vocalist John Kay, keyboardist Goldy McJohn and drummer Jerry Edmonton. Guitarist Michael Monarch and bassist Rushton Moreve were recruited by notices placed in LA area record stores and musical instrument stores. Steppenwolf sold over 30 million records worldwide, releasing eight gold albums and twelve *Billboard* Hot 100 singles, of which six were Top 40 hits,^[5] including three Top 10 successes: "Born to Be Wild", written by Dennis Edmonton, "Magic Carpet Ride", and "Rock Me."

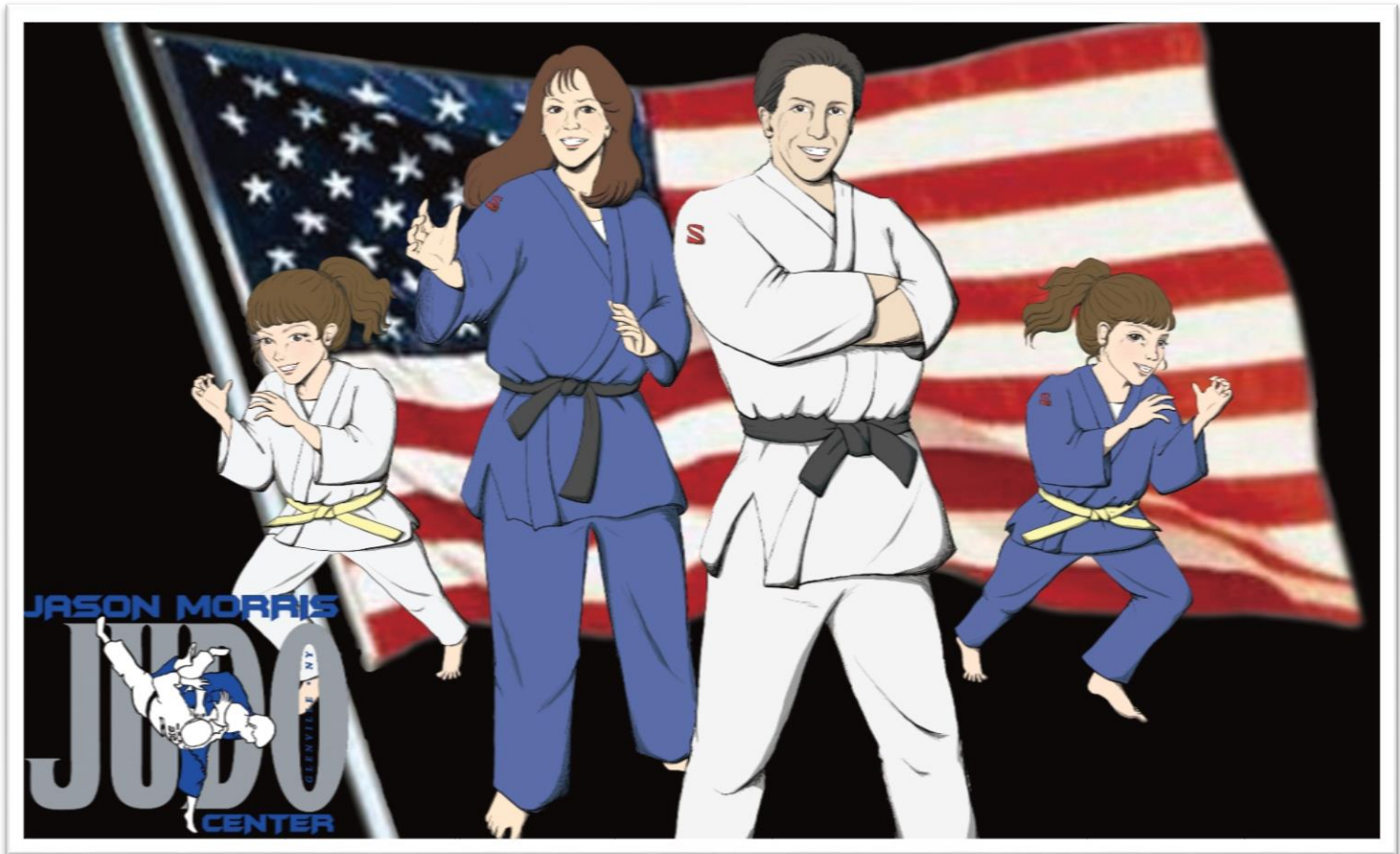


Hard Rock Band, Zebra's frontman, **Randy Jackson** rockin' a JMJC T-Shirt!





Singer, songwriter and actress, **Olivia Newton John** is a fan of the JMJC. She is a four-time Grammy award winner who has amassed five number-one and ten other Top Ten Billboard Hot 100 singles, and two number-one Billboard 200 solo albums. Eleven of her singles (including two platinum) and fourteen of her albums (including two platinum and four double platinum) have been certified gold by the RIAA. She has sold an estimated 100 million records, making her one of the world's best-selling music artists of all time. She starred in *Grease*, which featured one of the most successful soundtracks in Hollywood history. For the 2000 Summer Olympics, Newton-John and John Farnham performed "Dare to Dream" during the Parade of Nations at the Opening Ceremony Broadcast which was viewed by an estimated 3.5 billion people around the world. Sydney was JMJC's Jason Morris' fourth Olympics Games.



Happy Holidays, from our family to yours!!!



JMJC Practice Schedule:

Monday: 6:30-8:30pm
Tuesday: 10-11:30am, 5-6pm kids, 6:30-8:30pm
Wednesday: 6:30-8:30pm
Thursday: 5-6pm kids, 6:30-8:30pm
Friday: 10-11:30am & 6:30-8:30pm
Saturday: 11am-1pm

Come check us out anytime



Happy New Year!

2016 Events

- January 4-9 – Montreal Winter Training Camp- *Montreal, Canada*
- January 7-16 – IJF “Olympic Training Camp” – *Mittersil, Austria*
- **January 16 - Maryland Open Judo Championships – College Park, MD**
- January 16-17 – African Open –*Tunis, Tunisia*
- January 22-24 – Cuba Grand Prix – *Havana, Cuba*
- January 30-31 – European Open – *Sofia, Bulgaria*
- February 7-8 – Paris Grand Slam – *Paris, France*
- **February 13 – Pedro’s Challenge – Wakefield, MA**
- February 13-14- European Women’s Open –*Rome, Italy*
- February 13-14-European Men’s Open –*Oberwart, Austria*
- February 18-21 – Dusseldorf Grand Prix – *Dusseldorf, Grand Prix*
- **March 5-6 –Scholastic National Championships – Irving, TX**
- March 6-8 – Pan American Open – *Lima, Peru*
- March 12-13 –African Open – *Casablanca, Morocco*
- March 12-13- Pan American Open –*Buenos Aires, Argentina*
- March 18-20 – Pan American Open – *Santiago, Chile*
- **March 20 – New York Open Team Tournament – NYC, NY**
- March 26-27 – Tbilisi Grand Prix – *Tbilisi, Georgia*
- April 1-3 – Samsun Grand Prix – *Samsun, Turkey*
- **April 2 - Liberty Bell Classic – Philadelphia, PA**
- **April 9- 10 – Senior National Championships – Irving, TX**
- April 22-24 –Pan American Championships - *Rio De Janeiro, BRA*
- **April 30 –Liberty Bell Judo Classic – Philadelphia, PA**
- May 6-8 –Baku Grand Slam – *Baku, Azerbaijan*
- May 13-16 – Almaty Grand Prix – *Almaty, Kazakhstan*
- **May 14 – Ocean State International – Providence, RI**
- May 28-29- IJF World Masters- *Guadalajara, Mexico*



END OF OLYMPIC QUALIFICATION PERIOD

- June 4-6 – European Open – *Madrid, Spain*
- June 11-12 – European Open – *Talin, Estonia*
- **June 24-26 – Jr. Olympics – *Irving, TX***
- June 25-26 – Budapest Grand Prix – *Budapest, Hungary*
- July 1-3 – Ulaanbaatar Grand Prix – *Ulaanbaatar, Mongolia*
- July 16-17 – Russia Grand Slam – *Tyumen, Russia*
- **August 6-12 – Olympic Games – *Rio de Janeiro, Brazil***
- September 4-5 – Asian Open – *Taipei, Taiwan*
- October 6-8 – Tashkent Grand Prix – *Tashkent, Uzbekistan*
- **October 8-9 – Morris Cup XV – *Burnt Hills, NY***
- October 16-18 – Men's European Open – *Lisbon, Portugal*
- October 16-18 – Women's European Open, *Glasgow, Great Britain*
- November 6-7 – Abu Dhabi Grand Slam – *Abu Dhabi, U.A.E.*
- November 12 -13 – African Open – *Port Louis, Mauritius*
- November 18-20 – Qingdao Grand Prix – *Qingdao, China*
- **November 20 – President's Cup – *Irving, TX***
- November 24-26 – Jeju Grand Prix – *Jeju, Korea*
- December 2-4 – Japan Grand Slam, *Tokyo, Japan*

