



JASON MORRIS
JUDO
CENTER

584 SARATOGA RD. GLENVILLE, NY 12302. USA
FOUNDED: 2000

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KIDS UNDER13: TUESDAY & THURSDAY 5-6pm
ALL: SATURDAY 11am-1pm
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JMJC Win 47 Medals at Morris Cup

Burnt Hills, NY - The Glenville based Jason Morris Judo Center (JMJC) won a record 47 total medals including 15 Gold at 15th Annual Morris Cup Judo Championships to win the overall team title for the eighth consecutive time and tenth overall. The JMJC has also won titles in 2002, 2007, 2009, 2010, 2011, 2012, 2013, 2014 & 2015. The JMJC also won't he Junior team title edging out longtime rivals, May Quanchi from Rhode Island who had won the previous 2 years. The JMJC was led by **Alex Turner** (23) who impressively won the 73kg title and the \$300 first prize award for the elite gold. Turner was earned the "Most Outstanding Player Award" for his performance making it the second time he has received that honor having won it in 2014 as well. Also among the JMJC gold medal performances where BHBL senior, **Quentin Cook** (18) who won golds in both the 66kg & 73kg under21 divisions as well as placing second in the elite 66kg division, JMJC's **Alexa Sialo** (14) swept through the 13-14yrs 48kg & 52kg categories taking gold in both and was named the "Most Outstanding Junior Female" for this year's Morris Cup. JMJC newcomer **Josh Paltiel** looked strong winning the elite +100kg weigh class while Burnt Hills graduate, **Eric Skylar** won a gold in the 90kg under21 division. Burnt Hills Sophomore, **Tyler Michaelson** (15) also won gold for the JMJC as well as his sister, 9th grader, **Alexa** (14) and **Guy Waltman** (24) added another gold to the medal count in the men's 81kg novice

The Morris Cup, which was founded by 4x Olympian & 2008 Olympic Coach, Jason Morris and named after his father (Bernie) is hosted by Glenville's own Jason Morris Judo Center and is held at the Burnt Hills High School in Burnt Hills, NY. There were 476 total competitors from 15 states, CA, CT, GA, IL, IN, MA, MD, NH, NJ, NY, PA, RI, VA, VT, WI along with Nova Scotia, Ontario, Prince Edward Island, Quebec & Georgia. "This was overall the smoothest run Morris Cup in its history" Olympic Silver Medalist, Jason Morris said. "We are grateful for all our athletes, parents & volunteers as well as everyone who came this year to make it such a terrific event" Morris added.

SAVE THE DATE: Morris Cup XVI Judo Championships - October 8, 2017

Photo Credit: Lou DiGesare/Realjudo.net

Special Awards:

Jimmy Takemori Award (Leadership & Commitment)

Donna & Jim Branson

Nicolas Gill Award (Most Outstanding Sr. Male)

Alex Turner (JMJC)

Irwin Cohen Award (Most Outstanding Sr. Female)

Camelia Pitsilis (St. Hubert)

Jason Morris Award (Most Outstanding Jr. Male)

Sandro Chaladze (Georgian Wrestling School)

Teri Takemori Award (Most Outstanding Jr. Female)

Alexa Silao (JMJC)

Dave Grimes Award (Potential & Sportsmanship)

Dominique Domingo (Mayo Quanchi)

Rene Capo Trophy (Most Inspirational)

Nickita Tretiakov (Taifu)





United States Judo Association (USJA) President, **John Paccione** presents, 4x Olympian, **Jason Morris** (49) with his Promotion certificate for 8th degree black belt making Morris the youngest American ever to receive that rank.

2016 Morris Cup Results:

Junior Category Divisions:

Girls 7-8 yrs. 27 kg.

1. **Rylee Sullivan**
2. Ellis Pietronico

Jason Morris Judo Center
Shinzan

Girls 7-8 yrs. 32 kg.

1. Tatianna Irizarry
2. **Rylee Sullivan**
3. Juliet Rench

New London
Jason Morris Judo Center
Moreau's Training Center

Girls 7-8 yrs. +32 kg.

1. Kasumi Pierre
2. Rachel Yankilevich
3. Zoe Bradt

Laverite
Staten Island Judo
Cohens Judo Club



Brian Sullivan (Right) speaking with Brice Rudat

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Girls 9-10 yrs. 27 kg.

1. Harlee Hiller
2. Sofia Chernobrivets

Cohens Judo Club
Taifu

Girls 9-10 yrs. 32 kg.

1. Ella Rose Way
2. Payton Mailea
3. Laurie Soth

Mayo Quanchi
Team Link Judo
Browns

Girls 9-10 yrs. 37 kg.

1. Esther Ribeiro
2. **Hannah Stoitchkov**
3. Zoe Bradt

War Memorial Judo
Jason Morris Judo Center
Cohens Judo Club

Girls 9-10 yrs. +42 kg.

1. Maeve Clarke
2. Alisa Kofman
3. Kimora Pierre

Team Link Judo
Challenge
Laverite

Girls 11-12 yrs. 32 kg.

1. Celine Bouyssou
2. Ella Rose Way
3. Alissa Caltagirone

Mayo Quanchi
Mayo Quanchi
Mayo Quanchi

Girls 11-12 yrs. 37 kg.

1. Naomi Mezheritsky
2. Esther Ribeiro
3. **Hannah Stoitchkov**

Challenge
War Memorial Judo
Jason Morris Judo Center

Girls 11-12 yrs. 42 kg.

1. Kiera Burt
2. Anastasia Semyrozum
3. Sophia Rench

Upper Canada
Judo ippon
Moreau's Training Center

Girls 11-12 yrs. 47 kg.

1. Skylar Hattendorf
2. **Taylor Mead**

Mayo Quanchi
Jason Morris Judo Center

Girls 13-14 yrs. 47 kg.

1. **Alexa Silao**
2. Lia Lanphear
3. **Alexa Michaelson**

Jason Morris Judo Center
War Memorial Judo
Jason Morris Judo Center

Girls 13-14 yrs. 52 kg.

1. **Alexa Silao**
2. Gabby Williams
3. **Alexa Michaelson**

Jason Morris Judo Center
Chu To Bu Brasa
Jason Morris Judo Center



Kaitlyn Sullivan from the JMJC

Chris Morris with Billy Shanahan



JMJC Newsletter *Issue 23*

Girls 13-14 yrs. 58 kg.

1. Deisha Fry
2. Amber-Jane Francis
3. Bridie Clarke

Mayo Quanchi
Upper Canada
Team Link Judo

Natalie, Brice and Ethan



Girls 15-17 yrs. 52 kg.

1. Dominique Domingo
2. Victoria Goncalves
3. Gabby Williams

Mayo Quanchi
Mayo Quanchi
Chu To Bu Brasa

Girls 15-17 yrs. 57 kg.

1. Deisha Fry
2. Anne-Clara Guerin
3. Melodie Gagnon

Mayo Quanchi
St Paul lermite
Baie-Corneau

Girls 15-17 yrs. 63 kg.

1. Ilhem Ouali
2. Samia Boussarhane
3. Sophie Girouard

Shidokan
Boucherville
St Paul lermite

Girls 15-17 yrs. 70 kg.

1. Elaina Cuffy
- 2. Julia Gould**

Mayo Quanchi
Jason Morris Judo Center

Girls 18-20 yrs. 52 kg.

1. Dominique Domingo
2. Victoria Goncalves
3. Skylar Cummings

Mayo Quanchi
Mayo Quanchi
Mayo Quanchi

Will Doolittle (JMJC)

Girls 18-20 yrs. 57 kg.

1. Manon Reglat-Arzate
2. Melodie Gagnon

Club de judo Lachenaie
Baie-Corneau

Girls 18-20 yrs. 63 kg.

1. Wilessa Rivera

Mayo Quanchi

Girls 18-20 yrs. 70 kg.

1. Elaina Cuffy
- 2. Julia Gould**

Mayo Quanchi
Jason Morris Judo Center

Boys/Girls 5-6 light

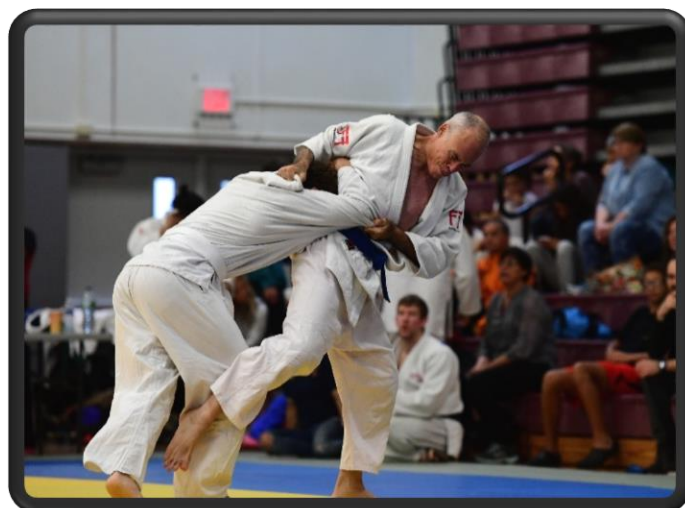
1. Roman Semyrozum
2. Matthew Chernobrivets
- 3. Randi Morris**

Judo ippon
Taifu
Jason Morris Judo Center

Boys/Girls 5-6 Middle

1. David Udebashvili
2. Emelyan Sokolov

Taifu
Taifu



3. Rachel Ribeiro

War Memorial Judo

Randi Morris competing in boys/girls lightweight division

Boys/Girls 5-6 Heavy

1. Xavier Moureau
2. Ethan Chicherchia

Moreau's Training Center
Browns

Boys 7-8 yrs. 23 kg.

1. Valentin Vihrov
2. David Udebashvili
3. Andrey Mejery

Cohens Judo Club
Taifu
Taifu

Boys 7-8 yrs. 27 kg.

1. Nickita Tretiacov
2. Noah Brown
3. Adam Bradt

Taifu
Cranford
Cohens Judo Club

Boys 7-8 yrs. 32 kg.

1. Alex Udebashvili
2. **Parker Sullivan Center**
3. Jacob Arabov

Taifu
Jason Morris Judo
Challenge

Boys 7-8 yrs. 37 kg.

1. Alex Udebashvili
2. Cyrus Jones
3. **Parker Sullivan**

Taifu
San Machi
Jason Morris Judo Center

Boys 7-8 yrs. +37 kg.

1. Ruben Melkonian
 2. Heinrich Hippolite
- Judo Club

Taifu
La Verite

Boys 9-10 yrs. 27 kg.

1. Nikita Tretiacov
2. Noah Brown
3. Michael Mulokandov

Taifu
Cranford
Taifu

Boys 9-10 yrs. 32 kg.

1. Elisey Sokolov
 2. Luka Tsatsalashvili
 3. **David Dippel**
- Morris Judo Center**

Taifu
Taifu
Jason

Boys 9-10 yrs. 37 kg.

1. Daniel Liumbimovski
2. Artem Neyolov
3. Denis Neyolov

Samir Judo
Taifu
Taifu



Morris Cup Venue

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Boys 9-10 yrs. 42 kg.

- | | |
|-------------------|-----------|
| 1. Leo Gerassimov | Challenge |
| 2. Artem Neyolov | Taifu |

Boys 9-10 yrs. 47 kg.

- | | |
|---------------------|-------------------|
| 1. David Avshalvmov | Judo Sambo Center |
|---------------------|-------------------|

Boys 9-10 yrs. +47 kg.

- | | |
|--------------------|-------------------|
| 1. Timor Beksultan | Judo Sambo Center |
|--------------------|-------------------|

Boys 11-12 yrs. 32 kg.

- | | |
|---------------------------|-------------------|
| 1. Lenny Sheynfeld | Judo Sambo Center |
| 2. Elisey Sokolov | Taifu |
| 3. Viktor Menahem Benilov | Judo ippon |

Boys 11-12 yrs. 37 kg.

- | | |
|----------------------------|--------------------------|
| 1. Julian Crisotomo | Jason Morris Judo |
| Center | |
| 2. Benjamin Yankilevich | Staten Island Judo |
| 3. Marc-Alexandre Guerin | St Paul lermite |

Boys 11-12 yrs. 42 kg.

- | | |
|-------------------------|--------------------|
| 1. Lasha Tsatsalashvili | Taifu |
| 2. Nate Blanchette | Pedros Judo Center |
| 3. Aiden Cohen | Cohens Judo Club |

Boys 11-12 yrs. 47 kg.

- | | |
|---------------------|-------------------|
| 1. Daniel Abramove | Judo Sambo Center |
| 2. David Melkonian | Taifu |
| 3. David Avshalvmov | Judo Sambo Center |

Boys 11-12 yrs. 52 kg.

- | | |
|----------------------|--------------------------|
| 1. Yuriy Semenyuk | Club de Judo Metro |
| 2. Mark Khenkin | Taifu |
| 3. Kash Watts | Jason Morris Judo |
| Center | |

Boys 11-12 yrs. 58 kg.

- | | |
|----------------------|-----------|
| 1. Nikita Luchkin | Challenge |
| 2. Mark Khenkin | Taifu |
| 3. Leo Koudriavitski | Challenge |

Boys 13-14 yrs. 42 kg.

- | | |
|-------------------|------------------|
| 1. Joziah Fry | Mayo Quanchi |
| 2. Olivier Gagnon | Baie-Corneau |
| 3. Ben Shvartsman | Cohens Judo Club |



Kell Berliner (JMJC)



2012 Olympian, Kyle Vashkulat refereeing at the Morris Cup

Boys 13-14 yrs. 47 kg.

1. Matthew Cherny
- 2. Ben Catrambone**
3. Felix Cote

Judo Sambo Center
Jason Morris Judo Center
 Judokas Jonquiere

Boys 13-14 yrs. 52 kg.

1. Randy Luong
2. Yuriy Semenyuk
- Metro
3. Alan Salnihov

Team Link Judo
 Club de Judo

 Kokushikai

Boys 13-14 yrs. 58 kg.

1. Dimitri Gamkrelidze
- Wrestling School
2. Yanis Hachemi
3. Xavier Perron

Georgian

 St Paul Iermite
 Judokas Jonquiere

Boys 13-14 yrs. 65 kg.

1. Christos Pena
- Center
2. Jonathan Jones
3. Bodgan Cherkashyn

International Judo

 Browns
 Challenge

Boys 13-14 yrs. +65 kg.

1. Renaud LaPointe
2. Armen Danieulyan
3. Kosei Cuyler

Judokas Jonquiere
 Bushido Kai
 Judo Sport

Boys 15-17 yrs. 55 kg.

1. Mason Clarke
2. Leon Simakhov
3. Erik Vandersanden

Mayo Quanchi
 Georgian Wrestling School
 Upper Canada

Boys 15-17 yrs. 60 kg

1. Ismail Alkhatib
2. Bodgon Jora
3. Keyano Young

Club de Judo Metro
 Judo Torii Anjou
 Ajax Budokan

Boys 15-17 yrs. 66 kg.

1. Sandro Chaladze
2. Julien Fransadore
- 3. Ruslan Izerkin**

Georgian Wrestling School
 Ajax Budokan
Jason Morris Judo Center

Boys 15-17 yrs. 73kg.

1. Jackson Butler
- 2. Solomon Choran**
3. Isaac Oksman

Mayo Quanchi
Jason Morris Judo Center
 Kokushikai



Mitch Paltiel (JMJC) executing an uchi-mata

Boys 15-17 yrs. 81 kg.

1. Alexandre Arencibia
- 2. Mitchell Paltiel**
3. Nathaniel Torres

Shidokan

Jason Morris Judo Center

Jason Morris Judo Center

Boys 18-20 yrs. 60kg

1. Micah Brooks
2. Vincent Miran
- 3. Tyler Michaelson**

Mayo Quanchi

Jikan

Jason Morris Judo Center

Boys 18-20 yrs. 66kg

- 1. Quentin Cook**
- 2. Ari Berliner**
3. Daniel Chosack-Barkay

Jason Morris Judo Center

Jason Morris Judo Center

Shidokan

Boys 18-20 yrs. 73kg

- 1. Quentin Cook**
Center
2. Jackson Butler
3. Ethan Vandersanden

Jason Morris Judo

Mayo Quanchi

Upper Canada

Boys 18-20 yrs. 81kg

1. Olivier Rhein
2. Alexandre Arencibia
- 3. Boruch Paltielov**
Judo Center

Shidokan

Shidokan

Jason Morris

Boys 18-20 yrs. 90kg

- 1. Eric Skylar**
Center
2. Nika Shubitidze

Jason Morris Judo

Judo Sambo Center

Boys 18-20 yrs. 100kg

1. Yohan Chouinard
- 2. Will Chery**
Center

Sept-Iles

Jason Morris Judo

Boys 18-20 yrs. +100kg

- 1. Joshua Paltiel**

Jason Morris Judo Center



Solomon Chorian (blue)

Senior Category Divisions:

Female Novice Light

- 1. Alexa Michaelson**
2. Arareli Sandoval
3. Fatuma Hassan

Jason Morris Judo Center

West Point

Kin Tora

Female Novice Middle

- | | |
|-----------------------|---------------------------------|
| 1. Megan Kinsey | West Point |
| 2. Halima Hassan | Kin Tora |
| 3. Julia Gould | Jason Morris Judo Center |

Women 48kg (105.8lbs)

- | | |
|-------------------------|---------------------------------|
| 1. Victoria Goncalves | Mayo Quanchi |
| 2. Skylar Hattendorf | Mayo Quanchi |
| 3. Amanda Barone | Jason Morris Judo Center |

Women 52kg (114.6lbs.)

- | | |
|----------------------|--------------|
| 1. Dominique Domingo | Mayo Quanchi |
| 2. Skylar Cummings | Mayo Quanchi |
| 3. Vanda Melko | Kiseki Judo |

Women 57kg (125.6lbs.)

- | | |
|------------------------|---------------------|
| 1. Camelia Pitsilis | Club Judo St-Hubert |
| 2. Katherinne Lieby | Pedros Judo Center |
| 3. Gabrielle Thivierge | Judokas Jonquiere |

Women 63kg (138.9lbs.)

- | | |
|-----------------------|---------------------------------|
| 1. Antonia Freytag | TSV Munchen |
| 2. Paula Sitek | Jason Morris Judo Center |
| 3. Anne-Clair Paquin | Club de Judo Metro |

Women 70kg (154.3lbs)

- | | |
|-----------------------|---------------------------------|
| 1. Fernanda Araujo | Pedros Judo Center |
| 2. Audrey Poirier | Club de judo St-Hyacinthe |
| 3. Julia Gould | Jason Morris Judo Center |

Women +78kg (+171.9lbs)

- | | |
|----------------------|--------------------|
| 1. Kaelin O'Sullivan | Pedros Judo Center |
| 2. Jessie Jenks | UNH Judo |

Novice Men 60kg

- | | |
|----------------------------|---------------------------------|
| 1. Tyler Michaelson | Jason Morris Judo Center |
| 2. Leonard Larocque | Saratoga YMCA |
| 3. Timothy Le | West Point |

Novice Men 66kg

- | | |
|----------------------------|---------------------------------|
| 1. Jaden Petroules | Pedros Judo Center |
| 2. Colin Shepard | West Point |
| 3. Lawrence Murtagh | Jason Morris Judo Center |

Novice Men 73kg

- | | |
|---------------------------|---------------------------------|
| 1. Kaleb Muckerman | Jason Morris Judo Center |
| 2. Matthew Kopra | West Point |



Canadian coach J.P. Cantin with Jason Morris

3. Luke DeVirgilis

University of Pittsburgh

Novice Men 81kg

**1. Guy Waltman
Center**

2. Zachary Towne
3. Tyler LaCosta

Jason Morris Judo

West Point
West Point

Novice Men 90kg

1. Aiden Baxter
2. Kregg Carter
3. Ty Moore

West Point
Taido Ryu Ju-jitsu
West Point

Novice Men 100kg

1. Jake Pare
2. Daniel Tessier
3. Anthony DeLeonardo

West Point
Mayo Quanchi
Browns

Men 60kg (132.2lbs.)

1. Benjamin Daviau
2. Micah Brooks
3. Vincent Miran

St-Hyacinthe
Mayo Quanchi
Jikan

Men 66kg (145.5lbs.)

1. Gueorgui Poklitar
2. Quentin Cook
3. Ari Berliner
Center

Kiseki Judo
Jason Morris Judo Center
Jason Morris Judo

Men 73kg (160.9lbs.)

1. Alex Turner
Center
2. Beka Natatralashvili
School
3. Constantin Gabun

Jason Morris Judo

Georgian Wrestling
Judo ippon

Men 81kg (178.5lbs.)

1. Jack Hatton
2. Everett Desilets
3. Tyler Yonemori

Pedros Judo Center
Mayo Quanchi
Pedros Judo Center

Men 90kg (198.4lbs.)

1. Jonah Burt
2. Igor Lobaz
3. Vadim Petrovici

Upper Canada
Judo Sambo
Kokushikai

Men 100kg (220.4lbs.)

1. Zachary Burt

Shidokan



Quentin Cook (Blue) executing uranage.



JMJC's Nick Kossor performs at the Morris Cup

- | | |
|---------------------|---------------------------|
| 2. Andrew Jacobs | Pedros Judo Center |
| 3. Bekari Kapanadze | Georgian Wrestling School |

Men +100kg (+220.4lbs.)

- | | |
|--------------------------|---------------------------------|
| 1. Joshua Paltiel | Jason Morris Judo Center |
| 2. Jean-Francois Ouellet | Sept-Iles |
| 3. Pete Stanley | Jason Morris Judo Center |

Masters Category Divisions:

Men Masters 30-39 81kg

- | | |
|------------------------------|---------------------------------|
| 1. Marty Grisanti | Kin Tora |
| 2. Christian Terrones | Jason Morris Judo Center |
| 3. Steven Indalecio | Kin Tora |

Men Masters 30-39 +94kg

- | | |
|------------------------|---------------------------------|
| 1. Pete Stanley | Jason Morris Judo Center |
| 2. Louis Galex | Pedros Judo Center |

Men Masters 40-49 70kg

- | | |
|---------------------------|---------------------------------|
| 1. Nicholas Rastelli | Kin Tora |
| 2. Dave Michaelson | Jason Morris Judo Center |
| 3. Sal Barone | Kin Tora |

Men Masters 40-49 81kg

- | | |
|---------------------|--------------------|
| 1. Steven Indalecio | Kin Tora |
| 2. Andy Boulet | Kin Tora |
| 3. Mark McGuire | Taido Ryu Ju-jitsu |

Men Masters 40-49 94kg

- | | |
|-----------------------|--------------|
| 1. Jason Pietronico | Shinzan |
| 2. Alex Gorman | Mayo Quanchi |
| 3. Viktor Hayrutdinov | To Hakukan |

Men Masters +50 81kg

- | | |
|--------------------------|---------------------------------|
| 1. Andy Boulet | Kin Tora |
| 2. Will Doolittle | Jason Morris Judo Center |

Men Masters +50 +94kg

- | | |
|-----------------------|--------------|
| 1. Alex Gorman | Mayo Quanchi |
| 2. Viktor Hayrutdinov | To Hakukan |
| 3. Mike Rosen | Kin Tora |

Brown Belt 60kg

- | | |
|----------------------------|---------------------------------|
| 1. Tyler Michaelson | Jason Morris Judo Center |
|----------------------------|---------------------------------|

Brown Belt 73kg

- | | |
|------------------|--------|
| 1. Devin Leggett | Pedros |
|------------------|--------|



2. Kaleb Muckerman

3. David Colonn

Jason Morris Judo Center

San YamaBushi

Brown Belt 81kg

1. Alexander Koesarie

2. Nathaniel Torres

3. Mitchell Paltiel

University of Pittsburgh

Jason Morris Judo Center

Jason Morris Judo Center

Brown Belt 90kg

1. Ylli Dalladaku

2. Garbiel Feliz

3. Aiden Baxter

West Point

Browns

West Point

Brown Belt +100kg

1. Moises Gomez

2. Louis Galex

Pedros Judo Center

Pedros Judo Center



United States Judo Association (USJA) President, John Paccione presents Gary Berliner with his 8th degree black belt promotion certificate.



Randi Morris (*white*)

Quentin Cook (*blue*) scores with *Uchi-mata*



Rylee Parker pins her opponent.



Alex Turner (*blue*) scores with
Tome-nage

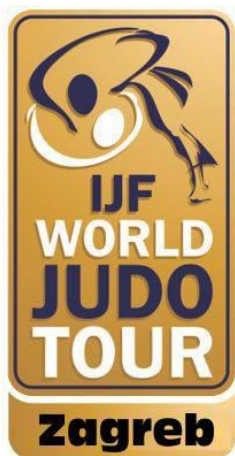


Brad Bolen (*white*) applying his favorite
choke



Eric Skylar (*white*)

TURNER TAKES 7TH



Zagreb, Croatia - **Alex Turner** (23) from the Jason Morris Judo Center in Glenville, NY took 7th place at the International Judo Federation's (IJF) Grand Prix event in Zagreb. Turner made it all the way to the 73kg quarter final in his first Grand Prix beating Denis Becic (Croatia) then #2 seed and 3x World Cup medalist, Sam Van T Westende (Netherlands) before losing to Tohar Butbul (Israel). Turner then dropped his next bout to eventual bronze medalist Sukrob Tursunov (Uzbekistan). This result allowed Turner to crack the top 100 on the IJF world ranking list for the first time as he now sits at #97.



Alex Turner (Blue)

Turner's teammate, **Hannah Martin** (28) also competed for the JMJC but dropped her first round 63kg match to Cloe Yvin (France) and was eliminated. Burnt Hills High School graduate, Martin took fifth place on the first leg of her tour in Estonia two weeks ago and was hoping to build on that momentum. Martin's next event will be the Tashkent Grand Prix in Uzbekistan.

Martin Fifth in Tashkent



Martin (white) against Leski from Slovenia.

Tashkent, Uzbekistan – New York Athletic Club (NYAC) athlete and Burnt Hills-Ballston Lake graduate, **Hannah Martin** (28), took 5th place at the International Judo Federation's (IJF) Grand Prix event in Tashkent. Martin lost in the bronze medal fight by a single shido (penalty) in overtime to Slovenia's Andreja Leski. Martin received 60 points on the World Ranking List (WRL) for her efforts and now sits at #38 in the world. Martin will be back on the world tour in 2017, and her first competition will be the European Open in Sofia, Bulgaria in January.

Paltiel Takes Gold

Chicago, IL - **Josh Paltiel** (18) picked up his second Gold medal in as many weeks adding this to his gold at the Morris Cup. Paltiel went 3-0 to win the +100kg title at the third annual Irwin Cohen Memorial Judo Championships, October 16, 2016. Irwin Cohen was one of the coaches when JMJC's head man, Jason Morris won his silver medal at the 92 Olympics.

Cohen was also a 2x Olympian. **Quentin Cook** (18) won a bronze in the 66kg weight class while **Tyler Michaelson** (15) took a gold in the 60kg under21 category then won bronze in the 60kg men's division. **Alexa Michaelson** (14) had a good day as well placing 5th in both the 52kg under21 weight class as well as the women's 52kg division. **Kell Berliner** (22) placed 5th in a tough 81kg category while Kell's brother **Ari** came in 5th in the 66kg category.





L to R: Ari Berliner, Kell Berliner, Alexa Michaelson, Tyler Michaelson, Josh Paltiel, Zachary Judy

Izerkin & Michaelson Double Medalists



Jamaica, NY - Burnt Hills High School students, **Ruslan Izerkin** (17) and **Tyler Michaelson** (15) from the Jason Morris Judo Center (JMJC) in Glenville where double medalists October 23, 2016, at the Big Apple Classic Judo Championships held at York College. Michaelson, who is a Sophomore, won a Gold in the 60kg under18 category then moved up and picked up a Silver in the 60kg under21 division. Izerkin, a Senior, captured a silver medal in the 73kg under21 weight class losing only in the final to JMJC teammate, **Solomon Choran** (17) who claimed Gold. Izerkin then earned his way onto the mens 73kg podium taking a bronze medal. JMJC's **Kell Berliner** (22) performed well taking a gold in the mens 90kg division while his brother. **Ari** placed third in the 66kg under21 division. Burnt Hills Senior, **Mitch Paltiel** (17) picked up a silver in the 81kg under21 weight class while his brother and SCCC student, **Josh** won a bronze medal in the mens +100kg category.

Cook & Martin Shine in Montreal



Photo L to R: Ari Berliner, Josh Paltiel, Alexa Michaelson, Quentin Cook, Pete Stanley, Hannah Martin

Montreal, Quebec -

Athletes from the Jason Morris Judo Center (JMJC) enjoyed a stellar weekend at the 40th annual Quebec Open Judo Championships at the Claude-Robillard Sports Complex in Montreal, November 5-6, 2016. Burnt Hills High School Senior, Quentin Cook (18) stole the show claiming his first 66kg Quebec Open senior title going 5-0 on the day. Cook also won a bronze medal the day before in the 66kg under21 division. Cook, who also represents the New York Athletic Club (NYAC) won his final match in dramatic fashion having to overcome a large deficit (waza-ari) as he performed a dazzling throw (ogoshi) to stun the crown and win the title.

Burnt Hills graduate and veteran, Hannah Martin (28) continued her winning ways to win her

fourth Quebec Open title having been victorious also in 2007, 2008 & 2013. Martin, who also represents the NYAC ties JMJC & NYAC great, Nick Kossor for all-time medals at the Quebec Open with seven total. SCCC student, Josh Patiel (18) was a double medalist from the JMJC taking a Silver in the +100kg under21 category then followed that up with a bronze medal showing in the Senior elite +100kg division. Burnt Hills Freshman, Alexa Michaelson (14) turned in her best performance to date as she went 4-1 to capture a bronze medal in the 52kg under16 category. Pete Stanley (31) also did very well taking a bronze medal in the masters +100kg weight class then picking up a 5th place in the elite senior +100kg division. Ari Berliner (18) celebrated his first medal at the Quebec Open taking bronze in the elite seniors going 4-1 on the day as he made some big steps forward in his development. Burnt Hills Senior, Ruslan "Zurg" Izerkin (17) was at his best in his new weight class as he took 5th place in the 73kg under21 division. Izerkin has moved up from the 66kg category. Tyler Michealsen (15) went 3-2 in the 60kg under18 division that featured a whopping 37 competitors. Mitch Paltiel (17) also performed well in his respective divisions to close out the JMJC participation this year. Burnt Hills Graduate, Eric Skylar (20) fought well even though he was nursing an ankle injury going 1-2 on the day in 90kg. The JMJC now has won a remarkable 96 total medals at the Quebec Open in it's 16-year history.

Cook Wins Double Bronze in Toronto



Toronto, Ontario - Burnt hills high school senior, **Quentin Cook** (18) won a bronze medal at the Ontario Open in the elite men's division to add that to the bronze he picked up the day before in the 66kg under21 category over the weekend. This result is on the heels of his double medal performance as well the week earlier at the Quebec Open where he won a Gold (66kg) and bronze (66kg under21) making this a hugely successful Canadian tour for Cook. The Ontario Open was held at the Toronto Pan Am Sports Center where the 2015 Pan Am Games were hosted. Cook trains at the Jason Morris Judo Center as well as represents the New York Athletic Club (NYAC)

Van den Broeck Takes Silver

New Rochelle, NY - Skidmore College graduate, William Van den Broeck (23) from the Jason Morris Judo Center took a silver medal today, November 27, 2016 at the Nakabayashi Invitational Judo tournament in New Rochelle. Van den Broeck went 3-1 on the day in the 90kg senior elite division.





JMJC EXCEL



Fort Lauderdale, FL & Irving, TX - Athletes from the Jason Morris Judo Center in Glenville, NY enjoyed success all over the country over the weekend of November 19-20, 2016. **Pete Stanley** (31) started it off with a bang by winning a bronze medal at the Veteran World Judo Championships in Ft Lauderdale going 3-1 on the day in the +100kg 30-34year old category. This is Stanley's second straight trip to the Veteran Worlds podium as he also won a bronze last year in Amsterdam, Netherlands. While Stanley was in Florida, another JMJC gang was competing at USA Judo's Presidents Cup in Irving, TX. Burnt Hills High School Graduate and SCCC student, **Eric Skylar** (20) was a double medalist as he was Gold in the 90kg under21 division to lock up the year #1 slot then picked up a bronze in the men's 90kg to remain #4 in the US. **Ari Berliner** (18) was struck silver twice as made the final both in the 66kg under21 category and the men's 66kg division. **Josh Paltiel** won a bronze medal a day earlier then the President's Cup at the Dallas Invitational also held at the Irving convention center to close out the JMJC medal count over the weekend



Pete Stanley wins bronze at the World Veterans Judo Championships

Success in Haiti

Will Chery poses with his Gold (U21) and Silver medals from the Haitian National Championships held in Port au Prince, Haiti.



JMJC Excel in NJ

Paterson, NJ - Athletes from the Jason Morris Judo Center (JMJC) in Glenville excelled at the 18th annual Northeast Judo Championships, Sunday, November 4, 2016 at JFK High School in Paterson, NJ. Scotia High School freshman, **Serenity Presti** (14) opened the account winning Gold medals in both the 63kg 13-14yrs. & 63kg 15-16yrs. categories. Burnt Hills High Senior, **Ruslan "Zurg" Izerkin** (17) was a double medalist as well taking gold in the 73kg under21 division then picked up a bronze in the 73kg Senior Brown Belt category. SCCC student, **Josh Paltiel** (18) took a silver in the +100kg elite men's division then went on to capture the grand championship title and the \$500 prize along with it. Burnt Hills High Sophomore, **Tyler Michaelson** (15) captured a gold in the 60kg under21 category as well as placing 5th in the senior 66kg division. **Brad Bolen** (27) who also represents the NYAC won a silver medal in the men's elite while **Zach Judy** (23) was silver also, but in the 60kg men's elite weight class to close out the JMJC medal count at this year's Northeast Championships



Photo L to R: Mitch Paltiel, Mike Luciano, Serenity Presti, Josh Paltiel, Tyler Michaelson, Brad Bolen, Zach Judy & Eric Skylar

Jerseys, Jeans & Jewels Gala

Latham, NY - Jason Morris Judo Center's Olympian, **Brandan Greczkowski** & 4x Olympian **Jason Morris** along with 5x Speed Skating Olympian, **Amy Peterson Peck** where special guests at the WWAARC 6th Annual Jerseys, Jeans & Jewels gala November 18, 2016 at The Century House in Latham. It was wonderful event that supports the many programs, services, and recreational activities that the ARC provide to the people they serve. This casual gala was full of energy and excitement. Greczkowski, Morris and Peterson gave inspirational speeches about their Olympic journeys. The event was MC'd by veteran WRGB Ch. 6 news anchor, Jack Aernecke.



Brandan Greczkowski (left) and Jason Morris



Jack Aernecke and Jason Morris



L to R: Jason Morris, Amy Peterson, Zayda, Brandon, Sydney, and Kristen Greczkowski

Nick Kossor Elected to USA Board of Directors

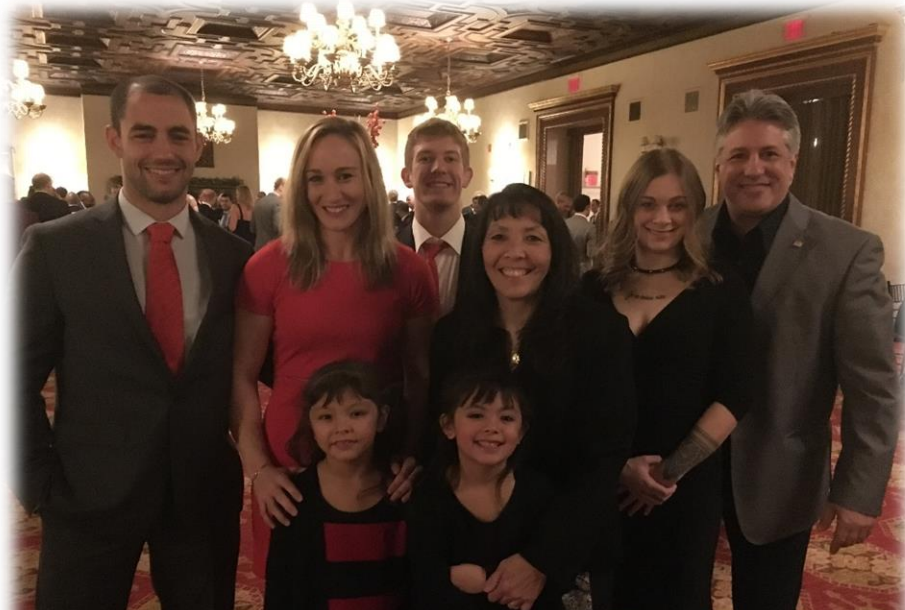


Colorado Springs, CO – 5x US World Team member, Nick Kossor (30) became the second ever Jason Morris Judo Center member to earn a position on the USA Judo Board as he won a landslide election to become the new Athlete Director on November 16, 2016. The 2x National Champion joins his long-time coach and 4x Olympian, Jason Morris who served as athlete's director from 1996-2000 as the only JMJC member to hold in this post. Kossor was humbled to receive the overwhelming amount of votes and states that he will represent all athletes fairly and equally to the best of his ability. Nick was elected from an extremely qualified group that included 2x Olympic Champion, Kayla Harrison and 3x World Sambo & 8x World Judo Cup Medalist, Nina Cutro-Kelly. He will begin his service January 1, 2017.



JMJC at the NYAC

Manhattan, NY - Jason Morris Judo Center (JMJC) members attend the New York Athletic Club (NYAC) All Sports Dinner, November 14, 2016. **Brad Bolen**, **Hannah Martin** and **Jason Morris** are long time members and supporters of the NYAC. The All Sports dinner is held annually to honor the NYAC's National Champions, World Team Members, World & Olympic Medalists. This year, Brad Bolen who was National Champion in 73kg was among the honorees.



L to R: Miguel Lopes, Hannah Marin, Dani Morris, Brad Bolen, Randi Morris, Teri Takemori, Ashley Rose, Jason Morris



Randi and Dani with 2x Olympian Marti Malloy



Randi and Dani with 2x Olympic Champion, Kayla Harrison

JMJC OUTREACH

During the summer of 2016, **Tyler Michaelson** and **Nick Kossor** traveled to various libraries,

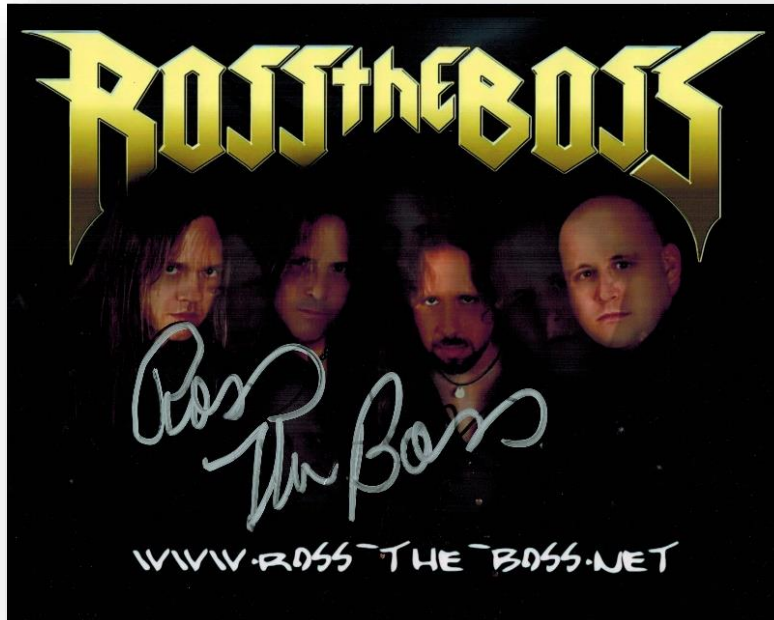


scattered across the capitol region, to conduct judo demonstrations for today's youth. The demonstrations gave an overview of the sport of judo and emphasized the importance of reading, healthy living, respect, and goal setting. Demonstrations were conducted in Schenectady, Voorheesville, Petersburg, Clifton Park, and Albany. Michaelson and Kossor delivered a positive message applicable for kids and adults and delivered a fun, crowd interactive environment for all to appreciate. The next demonstration is scheduled for December 15, 2016 at the Albany

Youth Recreational Center and will be part of an effort to introduce judo to urban inner city children.



JMJC Celebrity Fan Club



Rocker, Ross "the Boss" Friedman sends his support to the JMJC



Legendary Actor, **Gavin MacLeod** gives the JMJC a shout out! MacLeod (left) is pictured here in Clint Eastwood's "Kelly's Heroes". He then achieved continuing television success co-starring opposite [Ernest Borgnine](#) on [McHale's Navy](#) (1962–1964), as Joseph "Happy" Haines, and on [The Mary Tyler Moore Show](#) (1970–1977) as [Murray Slaughter](#). He was also best known for his starring role on [The Love Boat](#) (1977–1986), in which MacLeod played Captain Merrill Stubing

JMJC in the NEWS

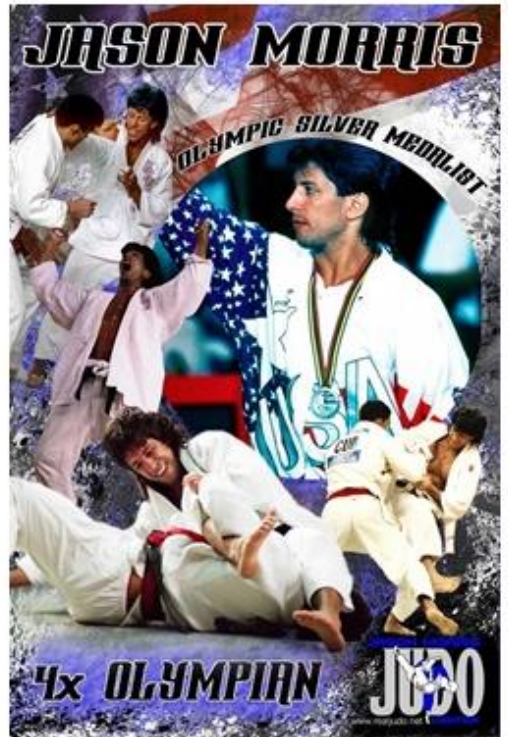
Ballston Honors USA Judo Legend, Jason Morris

Like 0 Tweet email

Print

JUNE 30, 2016, 2:42 A.M. (ET)

4x Olympian & Olympic Silver Medalist, Jason Morris was honored by the Town of Ballston for his accomplishments and dedication to the community, June 14, 2016 at the the town hall. Morris was also awarded a citation from New York State Assemblyman, Jim Tedisco for his service to the community as well as his accomplishments with the Jason Morris Judo Center program and athletes.



Chris Morris (Jason's Mom), Teri Takemori, Jason Morris, Randi & Dani Morris.



L to R: Randi, Teri, Dani, Jason & Town Supervisor, Timothy Szczepaniak.

Photos: Lou DiGesare/realjudo.net

My Olympic Moments

Jason Morris' Olympic Judo Journey

by Jason Morris
for Saratoga TODAY

My Olympic journey in judo first came to fruition when I qualified for the 1988 Games in Seoul, Korea. It's hard to believe that in one way or another, the journey has continued for almost two decades.

I have been involved in the past eight Olympics: the first four as a player (Seoul, Barcelona, Atlanta and Sydney); the next one (Athens) for my magazine, Real Judo; the next (Beijing) as a coach; and in the most recent three, including Rio, competitors have reached the Games from the training center in Glenville that my wife, Teri, and I started.

I reached both the high and low of this Olympic journey at the 25th Olympiad in Barcelona, Spain. And it happened within a span of nine days.

I'd had four narrow misses leading up to the Barcelona Games - losing in the bronze medal match at the 1987 world championships, losing in the second round of the 1988 Olympics and losing in the bronze medal match of the 1989 world championships. Then, I had to settle for ninth place at the 1991 world championships. I was considered one of the top players in the world during that time, but I couldn't break through and reach the podium at the main events.

In 1987, 1988 and 1989, I had lost to Bacir Varazev from Russia; even now, I joke that he has three of my medals. I had gone into those events with high confidence, fully expecting to win. Losing had taken a toll. Maybe I needed a new approach.

I was all business my first Olympics, not really taking in all it had to offer. I changed that in Spain. Even though I trained extremely hard, I was determined to enjoy the Olympic ride, so to speak, and take it all in. There are so many things to enjoy inside and outside the Olympic village, and I tried to take advantage in hopes of

lessening the pressure of the competition. I hung out on the beach boardwalk, which had a couple places to eat and a fantastic view. The ocean was very calming. Seeing it took me away from the fact that I was at a competition. I changed my mind-set. I wasn't going to define my career by whether I medaled.

I recall enjoying the entire process, including my competition days. As I moved through the rounds, I was quite calm. I didn't put the pressure on myself that I had in the past. I was able to control those emotions and work my way through each match, doing what was needed to be successful. I ended up beating one of the favorites to win our division - Antonie Wurth of the Netherlands in the second round, even though he had defeated me earlier in the year in the Hungarian Open final.

Next up, in the quarter-finals, was a familiar name. I was to face Charip Varazev, the brother of my biggest rival. The Russians replaced Bacir with Charip for the Barcelona Games, even though Bacir had medaled in four previous Olympics. Finally taking out a Varazev was satisfying, but even more important, it put me into the semifinals. I was one victory from finally achieving a medal.

When I threw Lars Adolfsson, from Sweden, in the semifinal to secure a place in the final and assuring myself a spot on the podium, I walked around the mat with my hands raised high and let out a primal scream. That outburst was me thinking: "Finally!"

As I came off the mat, I was greeted by one of the Olympic coaches and longtime friend Irwin Cohen. I then went right in the stands to Teri, my girlfriend at the time. We embraced and shared a congratulatory kiss that was replayed over and over on Japanese TV.

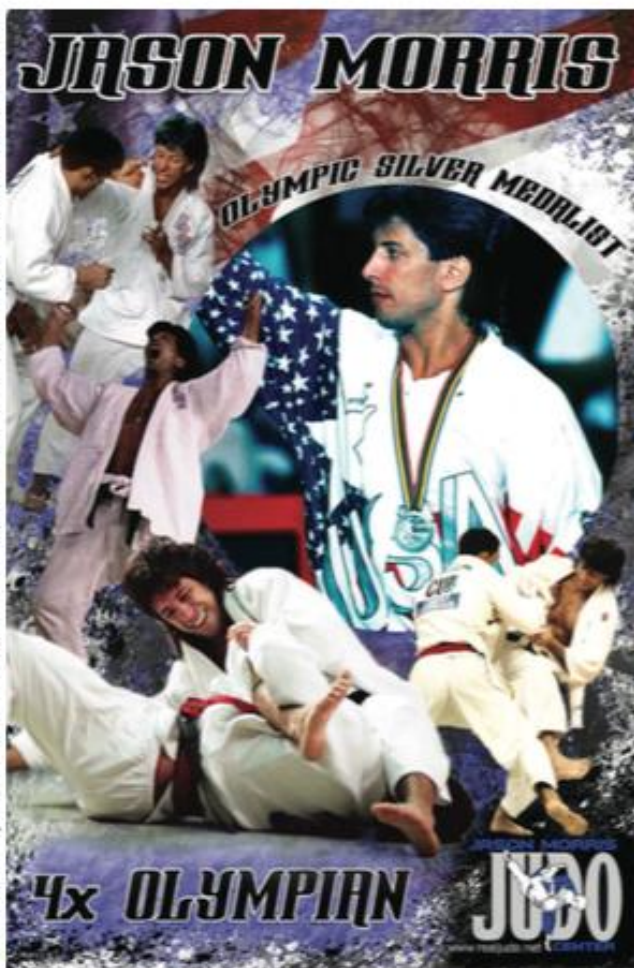
The final was against Hidehiko Yoshida (Japan), who had plowed through the other side of the draw. I was very nervous, but it was a healthy

nervous. My confidence was high. I started the match strong and took the early lead. I knew he would come back at me harder after he was penalized for passivity. I withstood his barrage of attacks, but not before getting scored on (a yuko, or partial score) to fall behind. I felt that he was starting to fade after he spent so much energy to take the lead. Like the previous three bouts, in which I also had trailed, I was sure I would come back.

But just then, Yoshida maneuvered his way into a very good position. He knew I was in trouble and blasted in with his trademark *uchi-mata* (an inner-leg throw). It was over. At that moment, of course I was devastated. I was so close to winning a gold. Still, I knew the silver was an incredible achievement.

The next nine days were heaven, but my dream quickly became a nightmare. I had headed back to Washington, D.C., for the Olympians luncheon at the White House and was staying at Teri's parents' house in Alexandria, Va., when I received word that my father, Bernie, who had remained in Spain, suffered a massive heart attack and died on his way to the closing ceremonies. He was just 49.

Suddenly, my world was torn apart. I was very close to my father, and getting closer because of all of his involvement in my judo career. My dad was my travel agent, public relations man, press agent, financial advisor and videographer, among other things. In fact, one of his videos of Wurth



was very valuable in creating a strategy to beat him.

It took some time, but I put the pieces back together and regained the passion to make two more Olympic teams. And I went on to develop one of the top programs in the country, the Jason Morris Judo Center.

Although the focus of the media was my success and the death of my father, my mother, Chris, was the early driving force in my career. She often gets overlooked, but I wouldn't have accomplished anything without her getting me to practice and putting up with me for many years. My dad really came into the picture with my career later, when he realized judo was more than something I participated in. It was a livelihood.

My passion for the

Olympics is as strong as ever, and trying to get athletes to realize their own dreams is what drives me. There are so many phenomenal things about the Olympic Games but I must say, walking in during the opening ceremony tops them all. I was fortunate enough to walk in five of them. Not a lot moves me, but being part of those ceremonies is such an honor and privilege.

Sometimes I catch myself thinking of how proud my dad was then, and how he would be now that this wonderful ride has lasted eight Olympiads.

Jason Morris competed in four Olympics in judo, winning a silver medal in the 1992 Games. He and his wife, Teri, run the Jason Morris Judo Center in Glenville.

JUDO

TUESDAY, NOVEMBER 8, 2016

Cook leads medal haul

MONTREAL, Québec — Burnt Hills-Ballston Lake High School senior Quentin Cook led the parade of medal winners from the Jason Morris Judo Center in Glenville at last weekend's Quebec Open Judo Championships.

Cook claimed his first Quebec Open title in the 66kg senior division, and also won a bronze in the 66kg under-21 division. He overcame a large deficit to win his final match in the senior division in dramatic fashion.

Hannah Martin, 28, won her fourth Quebec Open title, and Josh Patiel was a double medalist, taking the silver in the +100kg under-21 category and a bronze in the senior elite +100kg division.

Burnt Hills freshman Alexa Michaelson won a bronze in the 52kg under-16 division, and Pete Stanley finished third in the masters +100kg class. Ali Berliner, a graduate of BH-BL, placed third in the elite seniors category while Jack Hatton, a former JMJC trainee, won the gold medal in the elite 81kg division.

BH-BL senior Ruslan Izerkin, who has moved up to the 73kg under-21 division from the 66kg class, finished fifth at his new weight class.

Kossor elected

COLORADO SPRINGS, Colo. — Five-time U.S. World team member Nick Kossor became the second-ever Jason Morris Judo Center member to earn a position on the USA Judo Board when he won a landslide election Wednesday to become the new athlete director.

The two-time National Champion joins his long-time coach and four-time Olympian Jason Morris, who served as Athletes director from 1996-2000 as the only JMJC member to hold in this post.

Kossor begins his position Jan. 1.

JUDO

JMJC's Stanley wins bronze

Athletes from the Jason Morris Judo Center in Glenville enjoyed success all over the country over the weekend.

Pete Stanley, 31, started it off with a bang by winning a bronze medal at the Veteran World Judo Championships in Ft. Lauderdale, Fla., going 3-1 on the day in the +100kg 30-34 year-old category.

It was Stanley's second straight trip to the Veteran Worlds podium, as he also won a bronze last year in Amsterdam, Netherlands.

While Stanley was in Florida, other JMJC athletes were competing at USA Judo's Presidents Cup in Irving, Tex.

Burnt Hills-Ballston Lake High School graduate and SCCC student Eric Skylar, 20, was a double medalist, winning the gold in the 90kg under-21 division to lock up the year's No. 1 slot, then picked up a bronze in the mens 90kg to remain No. 4 in the U.S.

Ari Berliner, 18, won two silver medals, making the final in the 66kg under-21 category and the mens 66kg division.

Josh Paltiel won a bronze medal a day earlier at the Dallas Invitational in Irving.

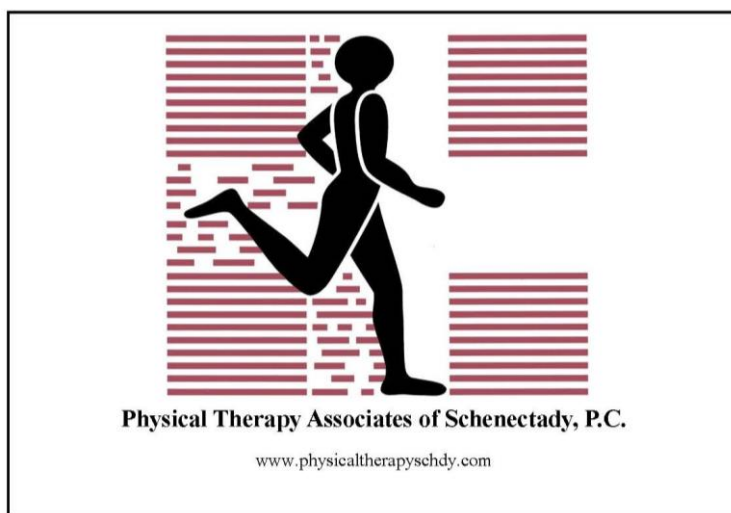


Alex Turner's first round technique from the Croatia Grand Prix is featured on facebook.

Check out [Allen Tate](#), [Dennis Talbott](#) & [Bill Algee](#) rockin' [Jason Morris Judo Center](#) T-shirts on the "Ages of Rock" podcast! This podcast is a fun listen and is all about Rock & Roll.



Special Thanks to our Sponsors!



2017 Schedule of Events

- Jan. 14-15: African Open – *Tunis, Tunisia*
- Feb. 4-5: Men's European Open - *Lisbon, Portugal*
- Feb. 4-5: Women's European Open - *Sofia, Bulgaria*
- Feb. 11-12: Paris Grand Slam - *Paris, France*
- Feb. 18-19: Men's European Open – *Rome, Italy*
- Feb. 18-19: Women's European Open – *Oberwurt, Austria*
- Feb. 24-26: Dusseldorf Grand Prix – *Dusseldorf, Germany*
- March 4-5: Men's European Open – *Prague, Czech Republic*
- March 4-5: Women's European Open – *Warsaw, Poland*
- March 10-11: Baku Grand Slam – *Baku, Azerbaijan*
- March 11-12: Pan American Open – *Lima, Peru*
- March 18-19: Scholastics National Championships- *Reno, NV*
- March 18-19: African Open – *Casablanca, Morocco*
- March 18-19: Pan American Open – *Buenos Aires, Argentina*
- March 25-26: Pan American Open – *Santiago, Chile*
- **March 26: New York Team Championships – NYC, NY**
- March 31-April 2: Tbilisi Grand Prix – *Tbilisi, Georgia*
- April 1 - Liberty Bell Judo Classic – *Philadelphia, PA*
- April 7-9: Samsun Grand Prix – *Samsun, Turkey*
- **April 29-30: Pan American Championships -TBD**
- **April 29-30: Senior National Championships – Salt Lake City, Utah**
- May 12-14: Almaty Grand Prix – *Almaty, Kazakhstan*
- May 19-21: Russia Grand Slam – *St. Petersburg, Russia*
- May 20: Ocean States – *Providence, R.I.*
- May 27-28: Am Can International Challenge - *Buffalo, NY*
- June 3-4: European Open - *Bucharest, Romania*
- June 10-11: European Open – *Minsk, Belarus*
- June 11: Celita Schutz East Coast Championships – *Staten Island, NY*
- June 16-17: Junior Olympics -*Spokane, Washington*
- June 30- July 2: Hothot Grand Prix – *Hothot, China*
- July 6-9: JA/JF Jr. National Championships – *West Palm Beach, FL*
- July 8-9: Asian Open – *Taipei, Taiwan*
- **Aug. 9-13: Cadet World Championships -Santiago, Chile**
- **Aug. 28: September 3: Senior World Championships – Budapest, Hungary**
- Sept. 22-24: Zagreb Grand Prix – *Zagreb, Croatia*
- Sept. 29 -1: Tashkent Grand Prix -*Tashkent, Uzbekistan*
- **Oct. 8: Morris Cup XVI – Burnt Hills, NY**
- Oct. 14-15: European Open – *Belgrade, Serbia*

- Oct. 16: Irwin Cohen Memorial - *Chicago, IL*
- Oct. 22: New England Championships - *Danvers, MA*
- Oct. 29: Ken Tamai Memorial - *Hyattsville, MD*
- Nov. 11: African Open - *Port Louis, Mauritius*
- Dec.1-3: Tokyo Grand Slam – *Tokyo, Japan*



Happy
New year

SAFFRON AVENUE

Happy Holidays!
-Jason Morris Judo Center