



JASON MORRIS
JUDO
CENTER

584 SARATOGA RD. GLENVILLE, NY 12302. USA
FOUNDED: 2000

Issue 24
April 2017

PRACTICE TIMES:
ADULT: MONDAY-FRIDAY 6:30-8:30pm
KIDS UNDER13: TUESDAY & THURSDAY 5-6pm
ALL: SATURDAY 11am-1pm

WWW.REALJUDO.NET • JASONMORRIS210@YAHOO.COM

Turner Shines in Tunisia

Tunis, Tunisia - **Alex Turner** (23) from the Jason Morris Judo Center took fifth place in 73kg at the African World Cup on the International Judo Federation's world tour January 14, 2017. Turner raised his world ranking to a career high #85 up fourteen spots with this result.

Turner lost by the slimmest of margins in the bronze medal bout to Martin Hojak (Slovenia) in an exciting battle. Alex's JMJC

teammate, **Quentin Cook** (18) had a strong performance as well taking 7th at 66kg. Cook who is a senior at Burnt Hills High School, improved his world ranking an impressive 63 spots up to #162. "This is a fantastic start to the season for Alex & Quentin" commented their coach, Jason Morris. "Their hard preparation is paying off" Morris continued.



Quentin Cook & Alex Turner



Michaelson's On Top In NJ

North Bergen, NJ - Alexa (14) & Tyler (15) Michaelson led the way for the Jason Morris Judo Center at the New Jersey State Championships, Sunday, January 29, 2017, taking gold medals in their respective divisions. Burnt Hills High School Sophomore, Tyler won the 15-16yrs. 60kg divisions as well as picking up a silver medal in the senior men's 60kg category. Alexa Burnt Hills Freshman, Alexa won the 13-16yrs 52kg weigh class. Burnt Hills Senior, **Mitchell Paltiel** (17) also performed well taking a gold in the 17-20yrs. 81kg division. Burnt Hills Senior, **Ruslan Izerkin** (17) won a silver medal in the 17-20yrs. 73kg category while **Zach Judy** picked up a bronze in the men's 60kg division to close out the JMJC medal count at the NJ states.



Alexa Michaelson and Mitch Paltiel

Photo L to R: Ruslan Izerkin, Alexa Michaelson, Tyler Michaelson, Zach Judy, Nate Torres, Will Vanderbroeck



Turner Takes 9th in Paris

Paris, France - Alex Turner (23) from the Jason Morris Judo Center in Glenville, NY made it all the way to the 73kg round of 16 at the Paris Grand Slam, Saturday, February 11, 2017 at AccorHotels Arena in Paris.

This was Turner's debut at what is regarded as one of the top events on the International Judo Federation's competition tour. Turner opened with a

dominating win over Jakub Jecminek (Czech Republic) then defeated Samba Maiga from Senegal to move into the round of 16. Next up for Turner was #2 ranked and eventual champ, Soichi Hashimoto (Japan). The experienced Hashimoto was too much for Turner the first go around eliminating Alex from his maiden Grand Slam. Finishing 9th catapults Turner a whopping 35 spots to a career high #47 at 73kg on the World Ranking List (WRL).

Turner's JMJC teammate, **Hannah Martin** (28) also competed today in her seventh, a most for a JMJC athlete, Paris Grand Slam. Martin, who is currently ranked #40 at 63kg, broke her finger last week competing in the Belgian Open gave it go but dropped her first bout to Yanka Pascolaino (Brazil) in a tight battle. Martin was unable to mount a sufficient offensive attack due to the broken finger. "Alex has steadily progressed and is reaping the benefits of staying the course in terms of his training" Turner's coach & 4x Olympian, Jason Morris stated after the competition. Both Martin and Turner most likely have already locked up berths for the Pan Am Championships in April and the World Championships in August. Those teams are chosen after the South

American tour which ends March 18. The players in each weight category that are the highest on the WRL for the USA will earn the Pan Am and World berths. Turner & Martin's coach, Morris took a silver medal way back in 1989 Paris Grand Slam.



Alex Turner (blue)

Photo Credit: Chuck Medani



JMJC Open #20

Glenville, NY - Over 50 athletes from all over the Northeast attended the 20th JMJC Open developmental event hosted by the Jason Morris Judo Center February 5, 2017. The event is geared toward developing athletes by getting them more matches in a relaxed fun environment to feel comfortable competing. This addition featured some of JMJC's top local athletes including, **Brad Bolen** (NYAC), Burnt Hills High school senior, **Quentin Cook** (18), & **Guy Waltman** (24) of Family First Fitness. This event is the brainchild of USA Judo legends, Teri Takemori and 4x Olympian & NYAC Hall of Famer, Jason Morris.

Photos by: Lou DiGesare/realjudo.net

Dani Morris throws with taido



Dani Morris with daddy, 4x Olympian, Jason Morris





Dani Morris (white) & Randi Morris (blue)



DRandi Morris (blue) & Dani Morris (white)



Quentin Cook (blue)



Quentin Cook (blue)



Dave Michaelson throws with uchimata



Kell Berliner throws with sasae

Jason Morris Seminar at TriStar



[MTLMMAZ](#)

Montreal, QC - The JMJC had the pleasure of conducting a Judo seminar at the world renowned, Tristar MMA Gym, February 25, 2017. Head coach, **Firas Zahabi** invited us to share some our techniques that are very useful for no-gi combat. Tristar is also the home of UFC star, **George St. Pierre**. JMJC's, **Stuart Ramos**, **Nick Kossor**, Brad Bolen & Zach Judy accompanied 4x Olympian, Jason Morris to work with the Tristar athletes. We want to especially thank Firas for making this happen as it was a win from all angles and we were very impressed with their program! Looking forward to having Tristar athletes visit the JMJC as well as going back up to Montreal to work further with Tristar.





We had a terrific experience at my seminar at the Tristar MMA Gym in Montreal which included hangin' with Rock journalist, Mitch Lafon and his son Ryan. It was great talkin' Rock and Roll with Mitch before we Rock and Rolled with Judo for MMA! I signed a poster for Ryan and gave the boys a couple JMJC T's before they had to leave



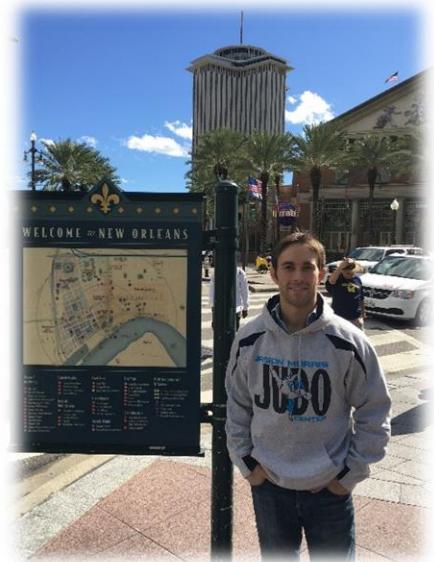
L to R: Brad Bolen, Jason Morris, Firas Zahabi, Stu Ramos, Zach Judy, Nick Kossor



Shanahan Wins Silver

JMJC's Kiernan Shanahan, who is a sophomore at Shenendehowa took a silver medal at the NY State High School Wrestling Championships at 145lbs., after winning by pin his first bout, 9-4 in the Quarters then won big in the semis 13-4 before losing the final 7-2. The event was held at the Times Union Center in Albany, NY, February 24-25, 2017. Shanahan finishes the year with an impressive 48-3 mark improving his career record to 107-16. "Kiernan

did a terrific job all season adapting his judo skills to fit his wrestling" commented Kiernan's Judo coach, Jason Morris. Morris did pretty much the same thing during his Wrestling days winning 2 state titles for Burnt Hills high while posting a 98-4 record. "The main difference between myself and Kiernan is that his videos are crisp and clear as opposed to all grainy" quipped Morris.



Newly elected USA Judo "athlete's rep", **Nick Kossor** travels to his first board meetings in New Orleans and Colorado Springs. Kossor pictured with 1988 Olympian and USA Judo board member, Joe Marchal in CO.



JMJC Win 8 Golds

Durham, NH - Athletes from the Jason Morris Judo Center in Glenville, NY captured 11 total medals including eight gold at the Wildcat Judo Invitational, February 26, 2017 which was held at Hew Hampshire University. **Julia Gould** (17), **Zach Judy** (22) & **Alexa Michaelson** (14) all won two gold medals in their respective divisions. Judy won both the groundwork and regular 73kg categories. Gould also won both the groundwork and regular divisions in the 63kg weight class. Michaelson won her golds in the 13-16yrs, 52kg category in both the groundwork and regular divisions. **Tyler Michaelson** (15) won three overall medals including a silver in the 73kg groundwork division, a silver in the men's 73 categories and a gold in his own age group, the 15-16yrs. 66kg weight class. **Ari Berliner** (18) pick up a gold in the men's 66kg division while **Dave Michaelson** (42) won a gold in the 73kg men's masters category. The newest member of the JMJC, **Nate Torres** (17) captured a silver medal in the men's 90kg division to close out the medal count.



Photo L to R: Janae Stogden, Zach Judy, Julia Gould, Nate Torres, Tyler Michaelson, Alexa Michaelson, Dave Michaelson, Ari Berliner, Riley Martin

JMJC Win 14 Medals in Mass.



Wakefield, MA - Athletes from the Jason Morris Judo Center in Glenville, NY won a total of 13 medals including 6 gold at the 11th annual Pedro's Judo Challenge, March 4, 2017. **Taylor Mead** (12) was a double gold medalist winning the 11-12yrs. 47kg weight class as well the 11-12yrs. + 52kg division. **Alexa Silao** (14) was also a double medalist as she won a gold in her own 13-16yrs. 48kg division then moved up and took a bronze in the 52kg women's category. **Julia Gould** (17) won two medals with the first being a gold in the 63kg women's novice category then a bronze in the 70kg women's elite division. **Julian Crisostomo** (12) easily won the 11-12yrs. 42kg weight class while **Solomon Choran** (17) took the 17-20yrs. 73kg title. Burnt Hills High School Senior, **Quentin Cook** (18) was sharp taking a silver medal in the 17-20yrs. 66kg division. **Zach Judy** (22) won a silver as well, but in the men's 60kg category

while Scotia High School Freshman, **Serenity Presti** (14) won a silver in the 13-16yrs. 63kg category. **Kell Berliner** (23) won a bronze in the men's 90kg weight class then **Will Chery** took a bronze in the 17-19yrs. 90kg division. Burnt Hills Senior, **Ruslan Izerkin** (17) also performed well placing 5th in both the 17-20yrs. division and the 73kg men's elite category to close out the JMJC's participation at this year's Pedro's Challenge.



Photo Upper row L to R: Kaleb Muckerman, Solomon Choran, Alex Silao, Taylor Mead

Lower row L to R: Ruslan Izerkin, Stu Ramos, Ari Berliner, Mitch Paltiel, Brad Bolen, Will Chery, Julia Gould, Zach Judy, Nate Torres, Amanda Barone, Serenity Presti, Kell Berliner, William Van Den Broeck, Quentin Cook, Mike Luciano



Gold and Bronze in Buenos Aires

Buenos Aires, Argentina - Burnt Hills

High School graduate, **Hannah Martin** (28) from the Jason Morris Judo Center swept through all opponents winning her matches by Ippon (full point) to take a gold medal at the Argentina Continental Open, March 11, 2017. Martin defeated Bombarda Fiamma and Noella Ponce from Argentina to make the final where Hannah knocked off Karina Orellana (Chile) for the 63kg title which is her third overall medal in Argentina. She won a silver in both 2012 & 2013. This result bumps up Martin's world ranking 2 spots up to #38. **Ari Berliner** (18) also competed for the Jason Morris Judo Center and dropped his first 66kg bout to Minoru Tamashiro (Argentina) and was eliminated in his first major international event in the IJF tour. Martin also represents the New York Athletic Club (NYAC). "This a great start to the new quadrennial for Hannah and she has worked extremely hard on improving her game" stated her coach and 4x Olympian, Jason Morris



On the second day of competition, **Kell Berliner** (23) fighting in his first International Judo federation (IJF) tour event, took a bronze medal. Berliner lost in the first round to eventual 81kg silver medalist, Emmanuel Lucenti (Argentina) but came all the way back through the loser's bracket and defeated Luis Vega (Argentina) in the bronze medal bout. This result puts Berliner on the IJF world ranking for the first time as he debuts at #162. Berliner will remain in South America along with his brother Ari and Martin as they next will compete in the Chile Continental Open. "Terrific performance for Kell in his first time on the tour" his coach, Jason Morris said. "The experience of climbing onto the International podium for the first time is priceless" 4x Olympian, Morris continued.



Silver Lining for Martin



Santiago, Chile - Burnt Hills High School graduate, **Hannah Martin** (28) from the Jason Morris Judo Center reached the final of a world judo tour event for the second straight week picking up a silver in the Chile Pan American Open, March 18, 2017. Martin who took a gold last week in Argentina lost a tight battle to 2008 Olympic bronze medalist Ketley Quagros (Brazil) in the final. This result boosts Martin's world ranking up two more spots to #36. The silver medal represents Hannah's 17th overall medal on the International Judo Federation's competition tour. **Ari Berliner** (18), also representing the Jason Morris Judo Center is on his maiden tour dropped his first bout to Lucas Ambrosio (Argentina) and was eliminated. "Two finals in two weeks concludes a very successful South American tour for Martin" said coach, Jason Morris. "Hannah continues to improve in all areas of her game which is a terrific sign so early in the quad" 4x Olympian, Morris continued. Martin also represents the New York Athletic Club.

Kell Berliner (23) fighting in his second International Judo federation (IJF) tour event, took a 7th place. This results is on the heels of a bronze medal finish last week in Argentina. Berliner debuted last week on the world ranking list at #164 jumps 24 slots all the way to #140 after his performance in Chile. Kell will stay for one more event next weekend in Peru with his brother Ari as Hannah Martin will return home. "This has been a terrific and necessary experience for all the JMJC athletes" coach and 4x Olympian, Jason Morris stated.



Kell Berliner, Hannah Martin & Ari Berliner in Santiago.



Martin's Gold and Silver medals from the South American Tour



63kg Podium

New Wall!

The JMJC is enjoying its new wall (to the left) as the old garage doors were replaced....looking good.

Photo by: Lou DiGesare



JMJC in the NEWS

JUDO
TUESDAY, JANUARY 31, 2017
Michaels
earn gold

NORTH BERGEN, N.J. — Alexa and Tyler Michaelson led the way for the Jason Morris Judo Center at the New Jersey State Judo Championships on Sunday, taking gold medals in their respective divisions.

Tyler, a Burnt Hills-Ballston Lake High School sophomore, won the 15-16-year-old, 60kg division, as well as picking up a silver medal in the senior men's 60kg category.

Alexa, a Burnt Hills freshman, captured the 13-16-year-old 52kg weight class.

Burnt Hills senior Mitchell Paltiel took gold in the 17-20-year-old 81kg division. Burnt Hills senior Ruslan Izerkin earned a silver medal in the 17-20-year-old 73kg category, while Zach Judy picked up a bronze in the men's 60kg division.

JUDO

Presti doubles

PATERSON, N.J. — Scotia-Glenville freshman Serenity Presti of the Jason Morris Judo Center earned two gold medals in the 63kg 13-14-year-old and 15-16-year-old divisions at the 18th annual Northeast Judo Championships on Sunday at JFK High School.

Burnt Hills-Ballston Lake High senior Ruslan Izerkin also was a double medalist, too, taking gold in the 73kg under-21 division and a bronze in the 73kg Senior Brown Belt category.

SCCC student Josh Paltiel took a silver in the +100kg elite men's division, then went on to capture the grand championship title and the \$500 prize along with it.

Brad Bolen, who also represents the NYAC, won a silver medal in the men's elite, while Zach Judy won silver, also, in the 60kg men's elite weight class.

Burnt Hills sophomore Tyler Michaelson captured a gold in the 60kg under-21 category as well as placing fifth in the senior 66kg division.

Y, FEBRUARY 13, 2017

BRIEFLY**JUDO**

Turner reaches round of 16

PARIS — Alex Turner from the Jason Morris Judo Center in Glenville made it to the 73kg round of 16 and finished ninth at the Paris Grand Slam on Saturday at AccorHotels Arena in Paris.

This was Turner's debut at what is regarded as one of the top events on the International Judo Federation's competition tour. Turner opened with a dominating win over Jakub Jecminek of the Czech Republic, and then defeated Samba Maiga from Senegal to move into the round of 16. Turner fell to second-ranked and eventual champion Soichi Hashimoto of Japan.

The ninth-place finish moves Turner up 35 spots to a career-high No. 47 at on the World Ranking List (WRL). Turner's

Hannah Martin also competed in her seventh Paris Grand Slam. Martin, who is currently ranked No. 40 at 63kg, dropped her first bout to Yanka Pascolaino of Brazil.

Y, MARCH 13, 2017

BRIEFLY**JUDO**

Berliner wins bronze medal

BUENOS AIRES, Argentina — Kell Berliner of the Jason Morris Judo Center, competing in his first International Judo Federation tour event, won a bronze medal Sunday at the Argentina Continental Open.

Berliner lost in the first round to the eventual 81kg silver medalist, Emmanuel Lucenti of Argentina, but came back through the losers' bracket and defeated Luis Véga of Argentina in the bronze medal bout.

Also, Burnt Hills-Ballston Lake High School graduate Jack Hatton took a gold medal, defeating Lucenti, Argentina's two-time Olympian who is ranked No. 23 in the world, in the final, avenging a loss from two years ago.

Berliner's third-place finish followed on the heels of a victory by JMJC teammate Hannah Martin on Saturday.

Berliner, his brother Ari and Martin will remain in South America and prepare for the upcoming Chile Continental Open.

JUDO

Martin wins gold medal

BUENOS AIRES — Burnt Hills-Ballston Lake High School graduate Hannah Martin from the Jason Morris Judo Center swept through all opponents, winning her matches by Ippon (full point) to take the gold medal at the Argentina Continental Open on Saturday.

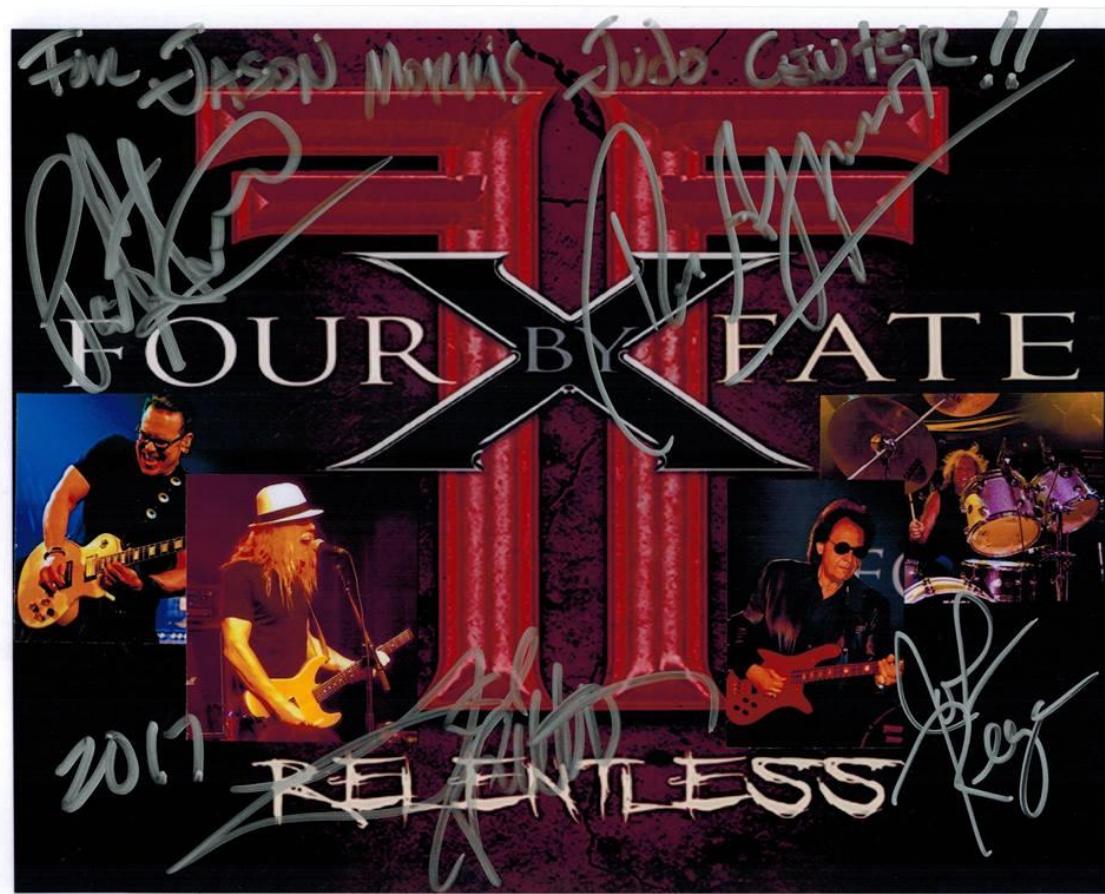
Martin went 3-0 to reach the final. She knocked off Karina Orellana of Chile for the 63kg title. It's her third overall medal in Argentina. She won silver in 2012 and 2013.

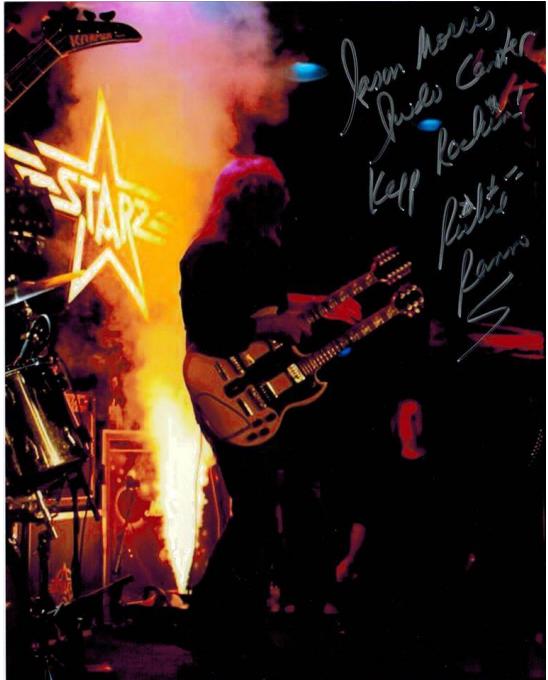
The win moves Martin up two spots to No. 38 in the world rankings.



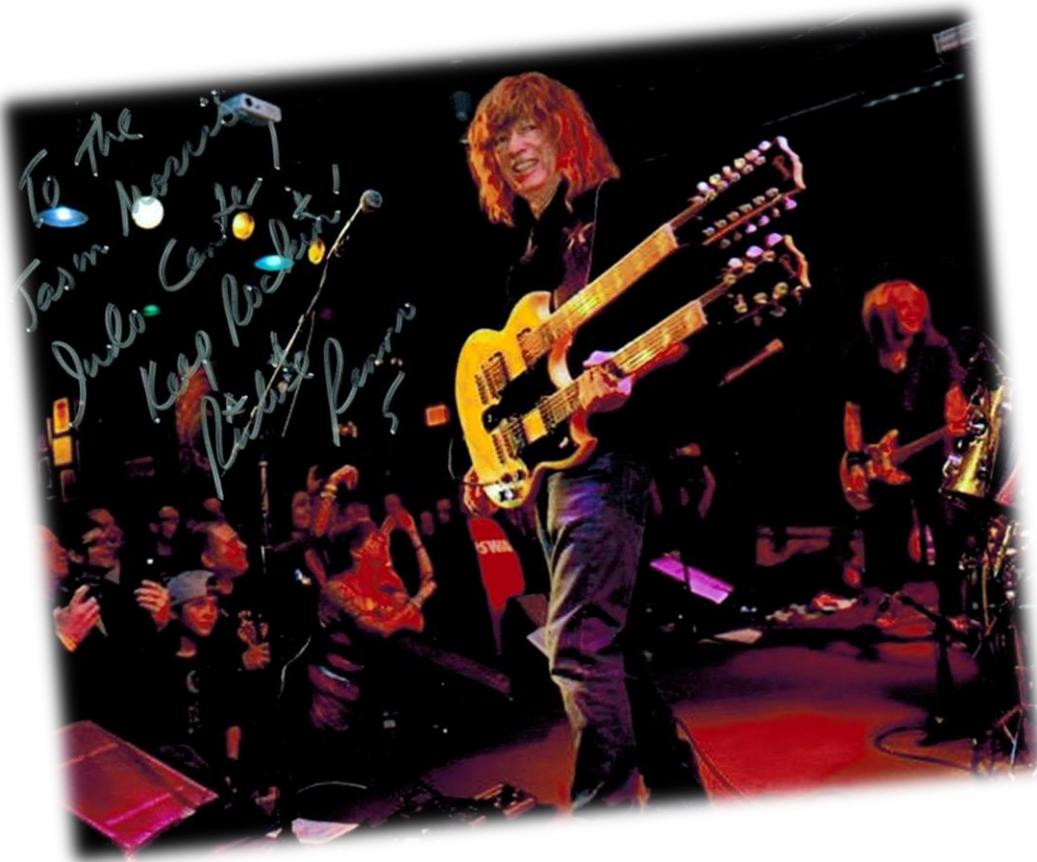
JMJC Celebrity Fan Club

Rocker, **Tod Howarth** sends his best to the JMJC. He is best known as serving as a keyboardist, a guitarist, and vocalist for the melodic hard rock group Frehley's Comet, led by former Kiss guitarist Ace Frehley. Howarth's music career began in the early 1980s with the group 707. He has also performed with Cheap Trick and Ted Nugent and released four solo albums, the first in 1995. He also provided background vocals for Nugent's Penetrator album in 1984, and Loudness' album Hurricane Eyes in 1987. Check out his new band Four By Fate at www.todhowath.com



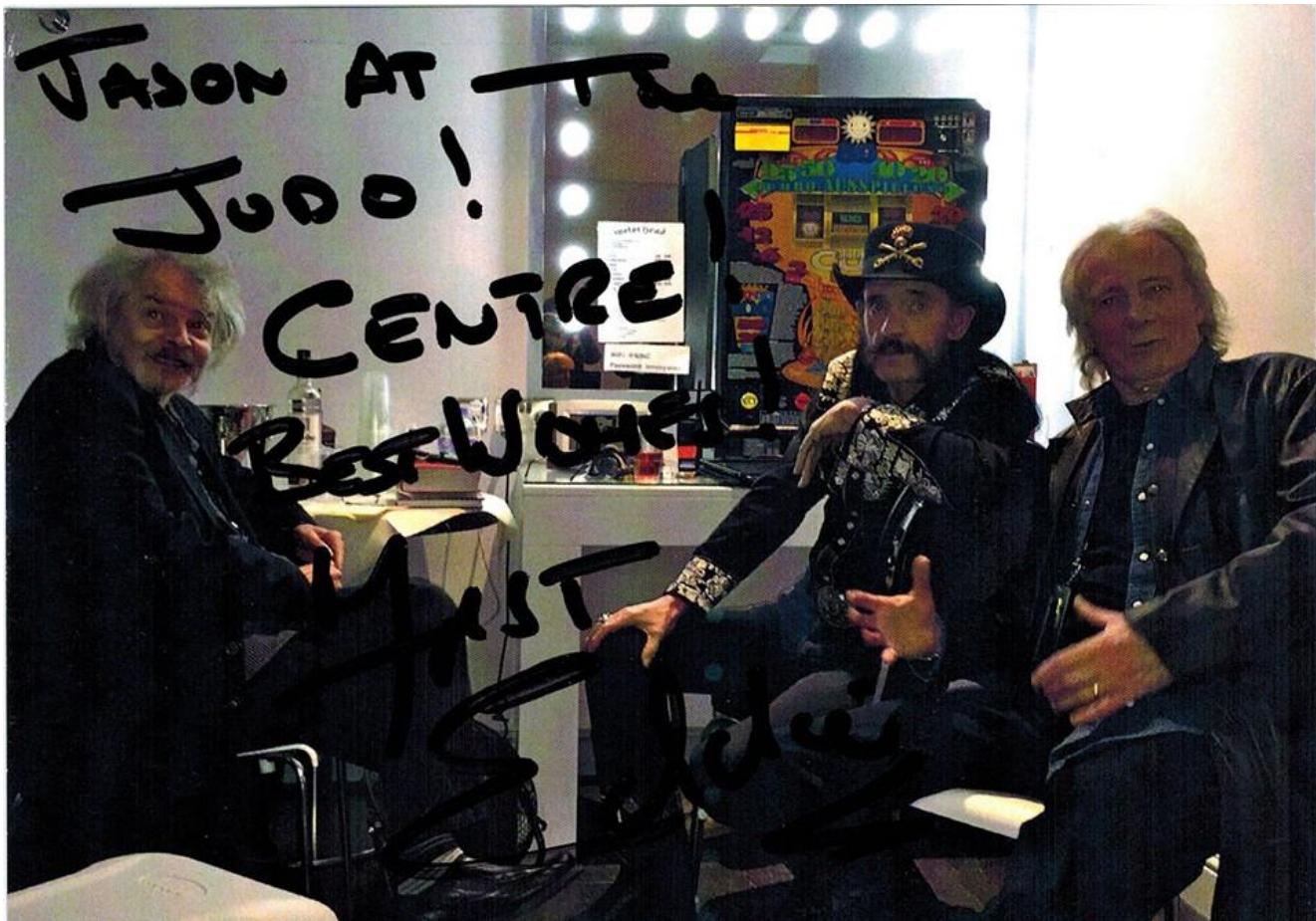


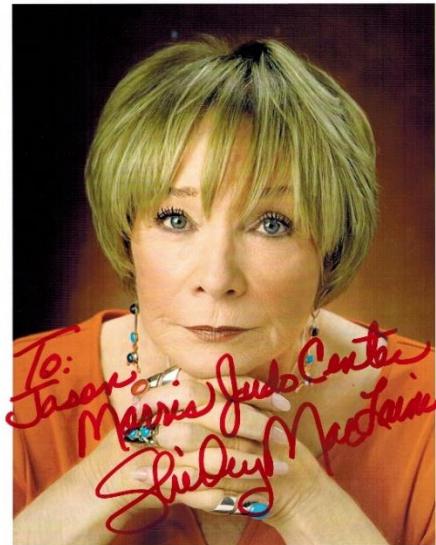
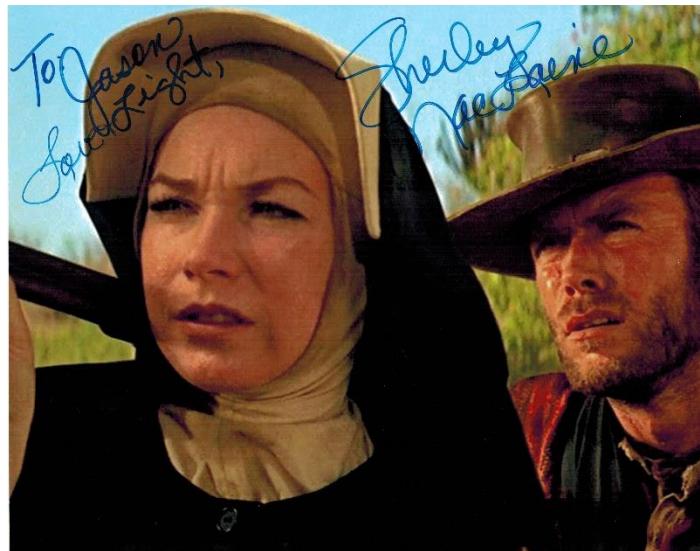
Guitarist of the Rock band, Starz, **Richie Ranno** is a JMJC fan! Starz was formed out of the ashes of an early 1970s pop music band, Looking Glass, which had the No. 1 hit single "Brandy (You're a Fine Girl)" in the summer of 1972. After lead singer Elliot Lurie left Looking Glass in 1974, the three remaining members (keyboardist Larry Gonsky, bassist Pieter Sweval and drummer Jeff Grob, who adopted the stage name Joe X. Dube) teamed up with Michael Lee Smith (vocals) and guitarist Brendan Harkin to continue the band and soon changed their name to Fallen Angels. In September 1975 they were joined by former Stories guitarist Richie Ranno. They changed their moniker once again (to Starz) and pursued a more heavy metal direction. Kiss manager Bill Aucoin was introduced to Starz via his right-hand man Sean Delaney, and began handling Starz in late 1975, helping them to get signed to Capitol Records in early 1976. Check out Starz at www.starzcentral.com





"Fast" Eddie Clarke who was a member of heavy metal bands Fastway and Motörhead sends his best to the JMJC. Of Motörhead's classic lineup, which consisted of Lemmy, himself and Phil Taylor, he is the only surviving member. You can check out Eddie at www.fasteddieclarke.com





Thank you to legendary actress, **Shirley MacLaine** for sending these awesome photos for the dojo. The photo with Clint Eastwood is from one the JMJC's favorite movies, Two Mules For Sister Sara. You can check her out at shirleymaclaine.com.



The JMJC thanks the boys from the new rock band, **Sainted Sinners** for sending us this cool poster! Sainted Sinners is a new act created by David Reece who has formally worked with the rock bands, Bangalore Choir, Accept and Bonfire.

New IJF Ranking Points 2017-2020



IJF RANKING EVENTS

	Continental Open open entry	Cont. Ch. / W. Ch.J. cont.entry / open entry	GRAND PRIX open entry	GRAND SLAM open entry	MASTERS TOP 16	WORLD CHAMP. open entry
Seeding:	WRL TOP 8 placing Rest: Nation distribution	WRL TOP 8 placing Rest: National distribution	WRL TOP 8 placing Rest: Nation distribution	WRL TOP 8 placing Rest: Nation distribution	WRL TOP 8 placing Rest: Nation distribution	WRL TOP 8 placing Rest: Nation distribution
System: Repechage: Bronze:	Quarter Final Repechage last 8 repechage 2 Bronze	Quarter Final Repechage last 8 repechage 2 Bronze	Quarter Final Repechage: last 8 repechage 2 Bronze	Quarter Final Repechage: last 8 repechage 2 Bronze	Quarter Final Repechage: last 8 repechage 2 Bronze	Quarter Final Repechage last 8 repechage 2 Bronze
number of athletes (per category per country)	no limit	max. 2 per country (not exceeding the total number of 9 men & 9 women/ 10 m & 10 w in case of WCI)	max. 2 per country max. 4 domestics (best 2 for ranking list)	max. 2 per country max. 4 domestics (best 2 for ranking list)	no limit	max. 2 per country (not exceeding the total number of 9 men and 9 women per country)
1st place	100	700	700	1000	1800	2000
2nd place	70	490	490	700	1260	1400
3rd place	50	350	350	500	900	1000
5th place	36	252	252	360	848	720
7th place	26	182	182	260	468	520
1/16th	16	112	112	160		320
1/32nd	12	84	84	120		240
1 fight won participation	10	70	70	100		200
		6	6	10	200	20
Total			100,000 USD	150,000 USD	200,000 USD	1,000,000 USD
1st			3,000 USD	5,000 USD	6,000 USD	USD
2nd			2,000 USD	3,000 USD	4,000 USD	USD
3rd			1,000 USD	1,500 USD	2,000 USD	USD
3rd			1,000 USD	1,500 USD	2,000 USD	USD

AM-CAN

INTERNATIONAL JUDO CHALLENGE

RIVERWORKS, BUFFALO, NY USA

Kata – Saturday, May 27

SHIAI Juniors-Youth-Masters-Seniors

Sunday

May 28, 2017



For More Information
visit
www.amcanjudo.org

Celebrating
Our
45th Year!

2017 Schedule of Events

- April 7-9: Samsun Grand Prix – *Samsun, Turkey*
- **April 22: JMJC Open - Jason Morris Judo Center, Glenville, NY**
- April 29-30: Pan American Championships -*Panama City, Panama*
- April 29-30: Senior National Championships – *Salt Lake City, Utah*
- May 19-21: Russia Grand Slam – *St. Petersburg, Russia*
- May 20: Ocean States – *Providence, R.I.*
- May 27-28: Am Can International Challenge - *Buffalo, NY*
- June 3-4: European Open - *Bucharest, Romania*
- June 10-11: European Open – *Minsk, Belarus*
- June 11: Celita Schutz East Coast Championships – *Staten Island, NY*
- June 16-17: Junior Olympics -*Spokane, Washington*
- June 16-17: Cancun Grand Prix – *Cancun, Mexico*
- June 30- July 2: Hothot Grand Prix – *Hothot, China*
- July 6-9: JA/JF Jr. National Championships – *West Palm Beach, FL*
- July 8-9: Asian Open – *Taipei, Taiwan*
- **Aug. 9-13: Cadet World Championships -*Santiago, Chile***
- **Aug. 28: September 3: Senior World Championships –*Budapest, Hungary***
- Sept. 22-24: Zagreb Grand Prix – *Zagreb, Croatia*
- Sept. 29 -1: Tashkent Grand Prix -*Tashkent, Uzbekistan*
- **Oct. 8: Morris Cup XVI – *Burnt Hills, NY***
- Oct. 14-15: European Open – *Belgrade , Serbia*
- Oct. 16: Irwin Cohen Memorial - *Chicago, IL*
- Oct. 22: New England Championships - *Danvers, MA*
- Oct. 29: Ken Tamai Memorial - *Hyattsville, MD*
- Nov. 11: African Open - *Port Louis, Mauritius*
- Dec.1-3: Tokyo Grand Slam – *Tokyo, Japan*

Special Thanks to our Sponsors!

